

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Results - D3 Swimming Finals

Event 3 Girls 200 Yard Medley Relay Varsity

| Team | Relay | Prelim Time | Finals Time | Points |
|-------------------------|---------------------------------|------------------------|---------------------------|---------------|
| A - Final | | | | |
| 1 Quartz Hill | | 1:50.49 | 1:50.20 | 44 |
| 1) Bethany Burga Jr | 2) Anya Juliano Fr | 3) Magnolia Ahking Fr | 4) Bailey Nickols Fr | |
| 26.78 | 59.20 (32.42) 1:26.07 (26.87) | 1:50.20 (24.13) | | |
| 2 South Torrance | | 1:54.83 | 1:54.24 | 38 |
| 1) Kayla Thompson 00 | 2) Clara Gerlach Fr | 3) Kalona Kok Jr | 4) Emma Gallagher Jr | |
| 26.61 | 1:00.18 (33.57) 1:27.46 (27.28) | 1:54.24 (26.78) | | |
| 3 Costa Mesa | | 1:58.02 | 1:55.79 | 36 |
| 1) Chloe Hills Fr | 2) Melanie Pang Fr | 3) Karolina Sangasy Fr | 4) Addie Juelfs Sr | |
| 31.28 | 1:02.01 (30.73) 1:29.08 (27.07) | 1:55.79 (26.71) | | |
| 4 Temecula Valley | | 1:58.44 | 1:57.94 | 34 |
| 1) Vianey Rojas 00 | 2) Maggie Yan 00 | 3) Madison Dockery 00 | 4) Maya Cravens So | |
| 31.77 | 1:04.97 (33.20) 1:32.64 (27.67) | 1:57.94 (25.30) | | |
| 5 Palm Desert | | 2:00.44 | 1:58.93 | 32 |
| 1) Riley Brunett So | 2) Ysabelle Loreno 00 | 3) Danielle Jan Jr | 4) Nadia Frutkin So | |
| 30.51 | 1:03.95 (33.44) 1:33.96 (30.01) | 1:58.93 (24.97) | | |
| 6 Fullerton | | 1:58.60 | 1:58.96 | 30 |
| 1) Sydney Cruz Fr | 2) Abby Guevara 00 | 3) Lily Guevara Jr | 4) Natalie Brandeis Jr | |
| 30.18 | 1:03.32 (33.14) 1:30.54 (27.22) | 1:58.96 (28.42) | | |
| 7 Canyon-Canyon Country | | 2:00.49 | 2:01.64 | 28 |
| 1) Madeline Yu Jr | 2) Nikki Bolita Jr | 3) Lauren Abellera Fr | 4) Madelyn Krestul So | |
| 28.64 | 1:05.43 (36.79) 1:36.11 (30.68) | 2:01.64 (25.53) | | |
| --- Crean Lutheran | | 1:57.89 | DQ | |
| 1) Genevieve Lackna Fr | 2) Mikayla Barre Sr | 3) Ryann Priest Jr | 4) Catherine Holmes Jr | |
| 29.83 | 1:02.84 (33.01) 1:30.00 (27.16) | DQ (26.96) | | |
| --- Louisville | | 1:57.62 | DQ | |
| 1) Julia Glukhovsky Sr | 2) Zoe Gaynor Jr | 3) Grace McIntyre Jr | 4) Jaden Loninia Fr | |
| 29.16 | 1:03.26 (34.10) 1:31.79 (28.53) | DQ (26.57) | | |
| B - Final | | | | |
| 10 Rancho Cucamonga | | 2:01.12 | 1:57.17 | 20 |
| 1) Megan Medina Jr | 2) Audrey Lee So | 3) Raegan Powers Sr | 4) Anastasya Gamboa Fr | |
| 29.88 | 1:02.25 (32.37) 1:30.14 (27.89) | 1:57.17 (27.03) | | |
| 11 Xavier Prep | | 2:00.67 | 1:59.67 | 16 |
| 1) Abigail Eldridge Sr | 2) Niamh Cooper Sr | 3) Olivia Kim Sr | 4) Ava Otteson So | |
| 30.89 | 1:06.42 (35.53) 1:35.93 (29.51) | 1:59.67 (23.74) | | |
| 12 Sage Hill | | 2:01.59 | 2:00.35 | 14 |
| 1) Vivi Ta So | 2) Julia Dong Fr | 3) Annika Shah So | 4) Madeline Stagg Jr | |
| 29.30 | 1:03.49 (34.19) 1:34.90 (31.41) | 2:00.35 (25.45) | | |
| 13 Temescal Canyon | | 2:00.66 | 2:01.03 | 12 |
| 1) Hayley Shore Jr | 2) Chloe Rivers So | 3) Ashley Ratoiu Sr | 4) Gianna Almeda Jr | |
| 31.77 | 1:03.27 (31.50) 1:33.15 (29.88) | 2:01.03 (27.88) | | |
| 14 Cypress | | 2:01.70 | 2:01.18 | 10 |
| 1) Audrey Clock Sr | 2) Allie Jones Sr | 3) Sarah Vaca Sr | 4) Sophia Novak Fr | |
| 30.12 | 1:06.53 (36.41) 1:35.22 (28.69) | 2:01.18 (25.96) | | |
| 15 Liberty High School | | 2:00.95 | 2:01.67 | 8 |
| 1) Kylie Kaas So | 2) Grace Asbury Fr | 3) Gwen Asbury So | 4) Audrey Whitford Jr | |
| 33.40 | 1:06.37 (32.97) 1:33.90 (27.53) | 2:01.67 (27.77) | | |
| 16 San Dimas | | 2:01.69 | 2:01.87 | 6 |
| 1) Emily Robertson Jr | 2) Faith Kearns So | 3) Madison Coss Sr | 4) Isabella Marroquine So | |
| 30.60 | 1:04.95 (34.35) 1:33.81 (28.86) | 2:01.87 (28.06) | | |

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B - Final ... (Event 3 Girls 200 Yard Medley Relay Varsity)

| Team | Relay | Prelim Time | Finals Time | Points |
|----------------------|---------------------------------|----------------------|------------------------|--------|
| 17 Chaparral | | 2:01.86 | 2:02.08 | 4 |
| 1) Braelynn Davis So | 2) Natalia Ferrette Sr | 3) Sophia Toschak Fr | 4) Ariaiah Martinez Jr | |
| 31.06 | 1:06.33 (35.27) 1:35.66 (29.33) | 2:02.08 (26.42) | | |
| 18 El Dorado | | 2:00.50 | 2:02.67 | 2 |
| 1) Ella Dang Sr | 2) Annale Doan So | 3) Keira Pak So | 4) Ciana Gonzalez Jr | |
| 31.63 | 1:07.07 (35.44) 1:35.96 (28.89) | 2:02.67 (26.71) | | |

Event 4 Boys 200 Yard Medley Relay Varsity

| Team | Relay | Prelim Time | Finals Time | Points |
|-----------------------------|-------------------------------|---------------------------|-------------------------|--------|
| A - Final | | | | |
| 1 Peninsula | | 1:37.88 | 1:37.32 | 44 |
| 1) Kevin Han Fr | 2) Christopher Delacruz Fr | 3) Alex Thornton Jr | 4) Jack Rodenkirch Fr | |
| 26.14 | 52.99 (26.85) 1:15.35 (22.36) | 1:37.32 (21.97) | | |
| 2 Cate | | 1:39.29 | 1:38.31 | 38 |
| 1) Josiah Hansen Fr | 2) Phin Stephenson Jr | 3) Zach White Sr | 4) Joba Samson Jr | |
| 26.02 | 53.13 (27.11) 1:16.84 (23.71) | 1:38.31 (21.47) | | |
| 3 Quartz Hill | | 1:38.95 | 1:38.68 | 36 |
| 1) Xander Martin So | 2) Conner Alvarez So | 3) Ian Venegas Fiedler Fr | 4) Kristian Loza Jr | |
| 25.70 | 51.69 (25.99) 1:16.16 (24.47) | 1:38.68 (22.52) | | |
| 4 Crossroads | | 1:40.17 | 1:38.85 | 34 |
| 1) Miles Blackson-Dunbar So | 2) Jake Hirshberg Sr | 3) Benjamin Klyce Sr | 4) Kai Pringle Sr | |
| 22.97 | 49.83 (26.86) 1:16.13 (26.30) | 1:38.85 (22.72) | | |
| 5 Bishop Montgomery | | 1:41.11 | 1:39.39 | 32 |
| 1) Jack O'Shaughnessy Sr | 2) Eric Zhou Sr | 3) Thomas Romesser So | 4) Matthan Lu Jr | |
| 23.22 | 50.61 (27.39) 1:15.84 (25.23) | 1:39.39 (23.55) | | |
| 6 Nordhoff | | 1:40.64 | 1:40.56 | 30 |
| 1) Flynn VanAuker Fr | 2) Benjamin McSorley Sr | 3) Quin Seider Sr | 4) Rafael Sierra Sr | |
| 26.50 | 53.31 (26.81) 1:16.42 (23.11) | 1:40.56 (24.14) | | |
| 7 Beaumont | | 1:41.50 | 1:40.60 | 28 |
| 1) Jacob Bradbury Jr | 2) Xavier Potencion Jr | 3) Yaroslav Puryshhev Sr | 4) Frederick Handshy Jr | |
| 26.76 | 54.53 (27.77) 1:17.67 (23.14) | 1:40.60 (22.93) | | |
| 8 Bonita | | 1:41.35 | 1:41.29 | 26 |
| 1) Parker Montgomery Jr | 2) Trevor Ngo Sr | 3) Jake Carlson Sr | 4) Max Distaso Sr | |
| 27.70 | 56.28 (28.58) 1:20.19 (23.91) | 1:41.29 (21.10) | | |
| 9 Chaparral | | 1:42.30 | 1:41.31 | 24 |
| 1) Ethan Chen So | 2) Dylan Ranshaw Sr | 3) David Toschak Sr | 4) Jack Hougland Sr | |
| 27.77 | 55.07 (27.30) 1:18.63 (23.56) | 1:41.31 (22.68) | | |
| B - Final | | | | |
| 10 Oak Park | | 1:42.78 | 1:41.58 | 20 |
| 1) MingChen Jin So | 2) Elliott Drottar So | 3) March Yuan Sr | 4) Hunter Glass Sr | |
| 27.00 | 54.20 (27.20) 1:18.86 (24.66) | 1:41.58 (22.72) | | |
| 11 Gabrielino | | 1:42.77 | 1:41.90 | 16 |
| 1) Archie Lai So | 2) Ethan Yun Sr | 3) Kaden Tan Sr | 4) Sean Phan So | |
| 27.49 | 54.67 (27.18) 1:19.53 (24.86) | 1:41.90 (22.37) | | |
| 12 Citrus Valley | | 1:43.28 | 1:42.00 | 14 |
| 1) Lucas Teeter Jr | 2) Bryce Hitter Sr | 3) Conlan Coulter Jr | 4) Jack Simonton Jr | |
| 26.46 | 53.86 (27.40) 1:19.85 (25.99) | 1:42.00 (22.15) | | |
| 13 Alemany | | 1:43.01 | 1:42.47 | 12 |
| 1) Nikita Cutidioc Jr | 2) Aedan Ejercito So | 3) Kaelan Grimaldo Jr | 4) Christian Villar Sr | |
| 24.57 | 54.61 (30.04) 1:18.66 (24.05) | 1:42.47 (23.81) | | |
| 14 Garden Grove | | 1:43.95 | 1:42.71 | 10 |
| 1) Phu Trinh Sr | 2) Aaron Mackinnon Sr | 3) Hieu Trinh So | 4) Jason Le Sr | |
| 27.14 | 54.51 (27.37) 1:19.42 (24.91) | 1:42.71 (23.29) | | |

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B - Final ... (Event 4 Boys 200 Yard Medley Relay Varsity)

| Team | Relay | Prelim Time | Finals Time | Points |
|---------------------------------|---|---|------------------------|--------|
| 15 La Quinta-Westminster | | 1:44.67 | 1:44.07 | 8 |
| 1) Michael Pham Jr 26.94 | 2) Daran Nguyen 00 56.24 (29.30) | 3) Calvin Cao Jr 1:44.07 (22.98) | 4) Cedrick Khuu Sr | |
| 16 Redlands East Valley | | 1:45.05 | 1:44.39 | 6 |
| 1) Jeremiah Ireland Sr 28.50 | 2) Rithvik Ravishankar So 57.32 (28.82) | 3) William Dahnke Fr 1:44.39 (22.36) | 4) Gavin Horstmeyer Sr | |
| 17 St. John Bosco | | 1:44.12 | 1:44.63 | 4 |
| 1) Nathaniel Brake So 28.09 | 2) Roger Chen Fr 56.54 (28.45) | 3) Marco Uribe Jr 1:44.63 (23.41) | 4) Julian Almanza Jr | |
| 18 Cypress | | 1:44.44 | 1:45.04 | 2 |
| 1) Ryan Novak Sr 26.12 | 2) Nathan Julian Burgos Sr 54.39 (28.27) | 3) Caleb Yi Sr 1:45.04 (23.80) | 4) Dylan Pham Sr | |

Event 5 Girls 200 Yard Freestyle Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|----------------------|-----------------|----------------------------|-----------------|-------------|--------|
| A - Final | | | | | |
| 1 Ava Otteson | | So Xavier Prep | 1:51.12 | 1:50.15 | 22 |
| 25.61 | 53.40 (27.79) | 1:21.56 (28.16) | 1:50.15 (28.59) | | |
| 2 Amelia Hines | | Sr Archer School for Girls | 1:52.16 | 1:51.23 | 19 |
| 26.25 | 54.15 (27.90) | 1:22.42 (28.27) | 1:51.23 (28.81) | | |
| 3 Kayla Thompson | | 00 South Torrance | 1:56.52 | 1:54.22 | 18 |
| 26.82 | 56.03 (29.21) | 1:25.49 (29.46) | 1:54.22 (28.73) | | |
| 4 Gwen Asbury | | So Liberty High School | 1:55.65 | 1:55.44 | 17 |
| 27.22 | 56.21 (28.99) | 1:25.59 (29.38) | 1:55.44 (29.85) | | |
| 5 Bethany Burga | | Jr Quartz Hill | 1:55.68 | 1:55.93 | 16 |
| 26.84 | 56.30 (29.46) | 1:26.14 (29.84) | 1:55.93 (29.79) | | |
| 6 Melina Seider | | So Nordhoff | 1:59.12 | 1:57.46 | 15 |
| 26.97 | 56.31 (29.34) | 1:26.85 (30.54) | 1:57.46 (30.61) | | |
| 7 Tallula Murphree | | Jr Malibu | 1:59.29 | 1:58.26 | 14 |
| 26.87 | 56.15 (29.28) | 1:26.91 (30.76) | 1:58.26 (31.35) | | |
| 8 Maya Chin | | So Webb | 1:59.63 | 1:58.38 | 13 |
| 26.85 | 56.84 (29.99) | 1:27.73 (30.89) | 1:58.38 (30.65) | | |
| 9 Abigail Chatalyan | | Jr Burroughs-Burbank | 1:57.66 | 1:59.87 | 12 |
| 27.08 | 56.68 (29.60) | 1:28.08 (31.40) | 1:59.87 (31.79) | | |
| B - Final | | | | | |
| 10 Heidi Tufo | | Sr St. Margarets | 2:00.70 | 1:59.70 | 10 |
| 27.44 | 57.29 (29.85) | 1:28.10 (30.81) | 1:59.70 (31.60) | | |
| 11 Addison Schneider | | 00 Murrieta Mesa | 2:02.64 | 2:00.54 | 8 |
| 28.44 | 58.74 (30.30) | 1:29.94 (31.20) | 2:00.54 (30.60) | | |
| 12 Grace Asbury | | Fr Liberty High School | 2:02.66 | 2:01.67 | 7 |
| 28.33 | 58.56 (30.23) | 1:29.86 (31.30) | 2:01.67 (31.81) | | |
| 13 Chloe Hills | | Fr Costa Mesa | 2:02.58 | 2:03.05 | 6 |
| 28.57 | 59.39 (30.82) | 1:31.39 (32.00) | 2:03.05 (31.66) | | |
| 14 Madelyn Krestul | | So Canyon-Canyon Country | 2:04.77 | 2:03.99 | 5 |
| 28.87 | 1:00.66 (31.79) | 1:32.45 (31.79) | 2:03.99 (31.54) | | |
| 15 Ashley Ratoiu | | Sr Temescal Canyon | 2:05.03 | 2:04.66 | 4 |
| 28.76 | 59.65 (30.89) | 1:31.94 (32.29) | 2:04.66 (32.72) | | |
| 16 Riley Brunett | | So Palm Desert | 2:05.60 | 2:05.67 | 3 |
| 29.17 | 1:01.43 (32.26) | 1:33.93 (32.50) | 2:05.67 (31.74) | | |
| 17 Lily Mastros | | Fr Pacifica-Garden Grove | 2:05.22 | 2:06.06 | 2 |
| 29.45 | 1:01.94 (32.49) | 1:34.23 (32.29) | 2:06.06 (31.83) | | |
| 18 Kendall Nagaoka | | Sr Buena | 2:05.42 | 2:06.36 | 1 |
| 28.90 | 1:00.79 (31.89) | 1:33.46 (32.67) | 2:06.36 (32.90) | | |

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
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Results - D3 Swimming Finals

Event 6 Boys 200 Yard Freestyle Varsity

| Name | | Yr | School | Prelim Time | Finals Time | Points |
|------------------|------------------|---------------|-------------------------|-----------------|-------------|--------|
| A - Final | | | | | | |
| 1 | Quin Seider | | Sr Nordhoff | 1:36.45 | 1:35.27 | 22 |
| | 22.26 | 46.62 (24.36) | 1:10.95 (24.33) | 1:35.27 (24.32) | | |
| 2 | Ryan Novak | | Sr Cypress | 1:43.84 | 1:43.87 | 19 |
| | 24.26 | 50.50 (26.24) | 1:17.14 (26.64) | 1:43.87 (26.73) | | |
| 3 | Pablo Ingram | | Fr Oak Park | 1:45.78 | 1:45.37 | 18 |
| | 24.76 | 51.24 (26.48) | 1:18.60 (27.36) | 1:45.37 (26.77) | | |
| 4 | Hunter Tamura | | 00 Yucaipa | 1:44.92 | 1:45.98 | 17 |
| | 24.68 | 51.97 (27.29) | 1:19.34 (27.37) | 1:45.98 (26.64) | | |
| 5 | Jake Carlson | | Sr Bonita | 1:45.72 | 1:46.61 | 16 |
| | 24.88 | 51.93 (27.05) | 1:19.51 (27.58) | 1:46.61 (27.10) | | |
| 6 | Jack Pointner | | So Buena | 1:48.14 | 1:47.61 | 15 |
| | 25.08 | 52.52 (27.44) | 1:20.32 (27.80) | 1:47.61 (27.29) | | |
| 7 | Eric Zhou | | Sr Bishop Montgomery | 1:48.85 | 1:48.12 | 14 |
| | 24.52 | 51.58 (27.06) | 1:19.85 (28.27) | 1:48.12 (28.27) | | |
| 8 | Thorson Pearson | | Jr Pasadena | 1:49.19 | 1:48.79 | 13 |
| | 25.39 | 53.24 (27.85) | 1:20.35 (27.11) | 1:48.79 (28.44) | | |
| 9 | Isaac Jung | | So Flintridge Prep | 1:49.27 | 1:50.45 | 12 |
| | 24.88 | 52.05 (27.17) | 1:20.98 (28.93) | 1:50.45 (29.47) | | |
| B - Final | | | | | | |
| 10 | William Dahnke | | Fr Redlands East Valley | 1:50.38 | 1:46.70 | 10 |
| | 24.92 | 51.64 (26.72) | 1:19.31 (27.67) | 1:46.70 (27.39) | | |
| 11 | Jeremiah Ireland | | Sr Redlands East Valley | 1:49.67 | 1:48.25 | 8 |
| | 25.26 | 52.66 (27.40) | 1:20.32 (27.66) | 1:48.25 (27.93) | | |
| 12 | Edmund Bui | | Fr El Modena | 1:51.72 | 1:49.81 | 7 |
| | 25.40 | 53.45 (28.05) | 1:21.96 (28.51) | 1:49.81 (27.85) | | |
| 13 | Aaron Lee | | Jr Whitney | 1:50.93 | 1:49.92 | 6 |
| | 25.67 | 53.19 (27.52) | 1:21.51 (28.32) | 1:49.92 (28.41) | | |
| 14 | Brendan Gray | | Sr Temescal Canyon | 1:51.56 | 1:50.46 | 5 |
| | 25.43 | 53.16 (27.73) | 1:21.84 (28.68) | 1:50.46 (28.62) | | |
| 15 | Wil Rivera | | Fr Cate | 1:52.07 | 1:50.96 | 4 |
| | 25.12 | 53.33 (28.21) | 1:22.14 (28.81) | 1:50.96 (28.82) | | |
| 16 | Franco Lee | | Sr Peninsula | 1:51.61 | 1:51.14 | 3 |
| | 25.61 | 53.50 (27.89) | 1:22.20 (28.70) | 1:51.14 (28.94) | | |
| 17 | Nathan Weng | | Sr Gabrielino | 1:52.17 | 1:52.20 | 2 |
| | 25.65 | 53.62 (27.97) | 1:22.43 (28.81) | 1:52.20 (29.77) | | |
| 18 | Joaquin Sucgang | | So Calabasas | 1:51.91 | 1:52.83 | 1 |
| | 26.09 | 54.38 (28.29) | 1:23.69 (29.31) | 1:52.83 (29.14) | | |

Event 7 Girls 200 Yard IM Varsity

| Name | | Yr | School | Prelim Time | Finals Time | Points |
|------------------|---------------|-----------------|------------------------|-----------------|-------------|--------|
| A - Final | | | | | | |
| 1 | Grace Wharton | | Sr El Modena | 2:04.69 | 2:02.21 | 22 |
| | 26.49 | 56.38 (29.89) | 1:33.35 (36.97) | 2:02.21 (28.86) | | |
| 2 | Zoe Reynolds | | Sr St. Margarets | 2:11.98 | 2:10.52 | 19 |
| | 27.61 | 1:00.88 (33.27) | 1:40.66 (39.78) | 2:10.52 (29.86) | | |
| 3 | Cynthia Hu | | So Foothill Technology | 2:12.40 | 2:11.08 | 18 |
| | 27.91 | 1:00.30 (32.39) | 1:41.87 (41.57) | 2:11.08 (29.21) | | |
| 4 | Linden Wong | | Jr Brentwood | 2:16.21 | 2:15.04 | 17 |
| | 28.91 | 1:04.86 (35.95) | 1:43.12 (38.26) | 2:15.04 (31.92) | | |
| 5 | Maya Cravens | | So Temecula Valley | 2:17.36 | 2:15.64 | 16 |
| | 29.38 | 1:04.45 (35.07) | 1:45.38 (40.93) | 2:15.64 (30.26) | | |

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2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Results - D3 Swimming Finals

A - Final ... (Event 7 Girls 200 Yard IM Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-----------------|-----------------|-----------------|-----------------|-------------|--------|
| 6 Lily Guevara | Jr | Fullerton | 2:16.68 | 2:16.03 | 15 |
| 28.40 | 1:04.80 (36.40) | 1:44.12 (39.32) | 2:16.03 (31.91) | | |
| 7 Delaney Cowan | Sr | Castaic | 2:17.58 | 2:16.95 | 14 |
| 29.02 | 1:02.85 (33.83) | 1:43.74 (40.89) | 2:16.95 (33.21) | | |
| 8 Kalona Kok | Jr | South Torrance | 2:18.30 | 2:17.31 | 13 |
| 28.71 | 1:03.24 (34.53) | 1:44.90 (41.66) | 2:17.31 (32.41) | | |
| 9 Chloe Rivers | So | Temescal Canyon | 2:17.25 | 2:20.80 | 12 |
| 30.20 | 1:05.90 (35.70) | 1:46.03 (40.13) | 2:20.80 (34.77) | | |

B - Final

| | | | | | |
|--------------------|-----------------|----------------------|-----------------|---------|----|
| 10 Caroline Bi | So | Oak Park | 2:20.21 | 2:14.61 | 10 |
| 27.36 | 1:00.56 (33.20) | 1:41.62 (41.06) | 2:14.61 (32.99) | | |
| 11 Wendy Zeiss | Fr | Immaculate Heart | 2:18.95 | 2:14.93 | 8 |
| 28.46 | 1:04.41 (35.95) | 1:44.14 (39.73) | 2:14.93 (30.79) | | |
| 12 Sydney Cruz | Fr | Fullerton | 2:18.43 | 2:19.00 | 7 |
| 29.88 | 1:04.81 (34.93) | 1:45.91 (41.10) | 2:19.00 (33.09) | | |
| 13 Kelsey Flores | Fr | North, JW | 2:21.49 | 2:20.79 | 6 |
| 30.06 | 1:05.99 (35.93) | 1:47.53 (41.54) | 2:20.79 (33.26) | | |
| 14 Ysabelle Loreno | 00 | Palm Desert | 2:23.94 | 2:20.80 | 5 |
| 31.09 | 1:07.58 (36.49) | 1:48.07 (40.49) | 2:20.80 (32.73) | | |
| 15 Abby Guevara | 00 | Fullerton | 2:22.24 | 2:21.07 | 4 |
| 29.44 | 1:06.83 (37.39) | 1:47.98 (41.15) | 2:21.07 (33.09) | | |
| 16 Ashlyn Allen | Jr | Redlands East Valley | 2:23.27 | 2:21.26 | 3 |
| 30.32 | 1:06.88 (36.56) | 1:47.98 (41.10) | 2:21.26 (33.28) | | |
| 17 Melanie Pang | Fr | Costa Mesa | 2:21.84 | 2:21.27 | 2 |
| 29.25 | 1:06.96 (37.71) | 1:47.43 (40.47) | 2:21.27 (33.84) | | |
| 18 Clara Gerlach | Fr | South Torrance | 2:23.35 | 2:24.50 | 1 |
| 30.58 | 1:08.36 (37.78) | 1:50.65 (42.29) | 2:24.50 (33.85) | | |

Event 8 Boys 200 Yard IM Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|----------------------|---------------|---------------------|-----------------|-------------|--------|
| A - Final | | | | | |
| 1 Jack O'Shaughnessy | Sr | Bishop Montgomery | 1:50.75 | 1:50.57 | 22 |
| 23.48 | 50.18 (26.70) | 1:23.74 (33.56) | 1:50.57 (26.83) | | |
| 2 Lincoln Jones | Jr | La Mirada | 1:53.91 | 1:54.71 | 19 |
| 23.87 | 52.41 (28.54) | 1:26.83 (34.42) | 1:54.71 (27.88) | | |
| 3 Henry Yang | Fr | Flintridge Prep | 1:59.48 | 1:56.75 | 18 |
| 24.76 | 54.92 (30.16) | 1:28.68 (33.76) | 1:56.75 (28.07) | | |
| 4 Luke Haas | So | Sierra Canyon | 1:57.52 | 1:57.29 | 17 |
| 25.06 | 54.82 (29.76) | 1:28.67 (33.85) | 1:57.29 (28.62) | | |
| 5 Bryce Hitter | Sr | Citrus Valley | 1:58.52 | 1:57.80 | 16 |
| 24.60 | 55.00 (30.40) | 1:29.34 (34.34) | 1:57.80 (28.46) | | |
| 6 March Yuan | Sr | Oak Park | 1:59.54 | 1:58.22 | 15 |
| 25.48 | 55.95 (30.47) | 1:30.38 (34.43) | 1:58.22 (27.84) | | |
| 7 Marshall Smith | Sr | Beverly Hills | 1:59.94 | 1:58.69 | 14 |
| 26.49 | 56.48 (29.99) | 1:30.93 (34.45) | 1:58.69 (27.76) | | |
| 8 Liam Kaas | Sr | Liberty High School | 2:00.29 | 1:59.79 | 13 |
| 24.74 | 54.40 (29.66) | 1:30.30 (35.90) | 1:59.79 (29.49) | | |
| 9 Nikita Cutidioc | Jr | Alemany | 1:59.26 | 2:00.74 | 12 |
| 25.96 | 55.43 (29.47) | 1:32.58 (37.15) | 2:00.74 (28.16) | | |
| B - Final | | | | | |
| 10 Conner Alvarez | So | Quartz Hill | 2:01.68 | 1:59.90 | 10 |
| 25.13 | 56.50 (31.37) | 1:30.34 (33.84) | 1:59.90 (29.56) | | |

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Results - D3 Swimming Finals

B - Final ... (Event 8 Boys 200 Yard IM Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-------------------------|-----------------|-----------------|-----------------|-------------|--------|
| 11 Kevin Han | Fr | Peninsula | 2:00.69 | 2:00.69 | 8 |
| 26.64 | 58.10 (31.46) | 1:32.54 (34.44) | 2:00.69 (28.15) | | |
| 12 Christopher Delacruz | Fr | Peninsula | 2:03.21 | 2:00.88 | 7 |
| 26.46 | 58.18 (31.72) | 1:32.62 (34.44) | 2:00.88 (28.26) | | |
| 13 Cole Chang | Sr | Fullerton | 2:03.60 | 2:01.28 | 6 |
| 25.53 | 57.50 (31.97) | 1:32.66 (35.16) | 2:01.28 (28.62) | | |
| 14 Jake Hirshberg | Sr | Crossroads | 2:02.93 | 2:02.00 | 5 |
| 26.27 | 59.45 (33.18) | 1:32.38 (32.93) | 2:02.00 (29.62) | | |
| 15 Ben White | Jr | Cate | 2:04.06 | 2:02.15 | 4 |
| 26.55 | 57.26 (30.71) | 1:33.76 (36.50) | 2:02.15 (28.39) | | |
| 16 Jack Reardon | Jr | Xavier Prep | 2:02.09 | 2:03.17 | 3 |
| 25.99 | 56.18 (30.19) | 1:33.30 (37.12) | 2:03.17 (29.87) | | |
| 17 Roger Chen | Fr | St. John Bosco | 2:03.83 | 2:04.15 | 2 |
| 26.58 | 1:00.04 (33.46) | 1:34.60 (34.56) | 2:04.15 (29.55) | | |
| 18 Nolan Yokoyama | Fr | Hart | 2:05.30 | 2:05.84 | 1 |
| 26.33 | 59.79 (33.46) | 1:35.53 (35.74) | 2:05.84 (30.31) | | |

Event 9 Girls 50 Yard Freestyle Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|----------------------|----|-------------------------|-------------|-------------|--------|
| A - Final | | | | | |
| 1 Carolyn Kao | Sr | San Dimas | 24.43 | 24.12 | 22 |
| 2 Jaydah Godbolt | So | Hemet | 24.01 | 24.17 | 19 |
| 3 Bailey Nickols | Fr | Quartz Hill | 24.67 | 24.43 | 18 |
| 4 Lacey Thompson | Sr | Archer School for Girls | 24.48 | 24.55 | 17 |
| 5 Addison Bruno | So | Buena | 24.95 | 24.81 | 16 |
| 6 Catherine Bingaman | So | Marymount | 24.79 | 25.11 | 15 |
| 7 Karolina Sangasy | Fr | Costa Mesa | 25.22 | 25.39 | 14 |
| 8 Camilla Guillermo | Jr | Burroughs-Burbank | 25.54 | 25.60 | 13 |
| 9 Maya Cravens | So | Temecula Valley | 25.51 | 25.75 | 12 |
| B - Final | | | | | |
| 10 Juliette Early | So | Arrowhead Christian | 25.65 | 25.32 | 10 |
| 11 Amelie Pinkernell | Sr | Nordhoff | 25.71 | 25.37 | 8 |
| 12 Nadia Frutkin | So | Palm Desert | 25.82 | 25.48 | 7 |
| 13 Kaitlin Craig | Sr | Valley View | 25.96 | 25.59 | 6 |
| 14 Madelyn Krestul | So | Canyon-Canyon Country | 25.94 | 25.68 | 5 |
| 15 Vivi Ta | So | Sage Hill | 25.73 | 25.70 | 4 |
| 16 Madison Dockery | 00 | Temecula Valley | 25.79 | 26.01 | 3 |
| *17 Madeline Yu | Jr | Canyon-Canyon Country | 26.16 | 26.21 | 1.50 |
| *17 Isabelle Drossel | Sr | Quartz Hill | 26.10 | 26.21 | 1.50 |

Event 10 Boys 50 Yard Freestyle Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-------------------------|----|-------------------|-------------|-------------|--------|
| A - Final | | | | | |
| 1 Miles Blackson-Dunbar | So | Crossroads | 20.82 | 20.25 | 22 |
| 2 David Mazyan | Jr | Agoura | 20.99 | 20.70 | 19 |
| 3 Jaydan Chau | Sr | Covina | 20.68 | 21.29 | 18 |
| 4 Max Distaso | Sr | Bonita | 21.44 | 21.34 | 17 |
| 5 Elliott Drottar | So | Oak Park | 21.62 | 21.45 | 16 |
| 6 Gio Demuro | Sr | Tustin | 21.50 | 21.47 | 15 |
| 7 Ryan Lee | Sr | Burroughs-Burbank | 21.43 | 21.48 | 14 |
| *8 Zachary Shoaf | Jr | Great Oak | 21.35 | 21.60 | 12.50 |
| *8 Filip Kurial | Sr | Malibu | 21.79 | 21.60 | 12.50 |

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Results - D3 Swimming Finals

B - Final ... (Event 10 Boys 50 Yard Freestyle Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-----------------------------|----|---------------------|-------------|-------------|--------|
| B - Final | | | | | |
| 10 Beckett Page | Jr | Beverly Hills | 22.08 | 21.65 | 10 |
| 11 Yaroslav Puryshv | Sr | Beaumont | 21.80 | 21.74 | 8 |
| 12 Dylan Ranshaw | Sr | Chaparral | 22.30 | 22.27 | 7 |
| 13 Aharon Villegas-Resendiz | Sr | Cabrillo-Long Beach | 22.08 | 22.31 | 6 |
| 14 Ridley Tolleson | Jr | Flintridge Prep | 22.37 | 22.32 | 5 |
| 15 Jack Rodenkirch | Fr | Peninsula | 22.43 | 22.37 | 4 |
| *16 Daniel Oroszlan | Sr | Calabasas | 22.41 | 22.57 | 2.50 |
| *16 Joba Samson | Jr | Cate | 22.42 | 22.57 | 2.50 |
| 18 Teagan Arnold | Sr | Great Oak | 22.39 | 22.70 | 1 |

Event 11 Girls 100 Yard Butterfly Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|---------------------|----|-------------------|-------------|-------------|--------|
| A - Final | | | | | |
| 1 Zoe Reynolds | Sr | St. Margarets | 58.97 | 59.05 | 22 |
| 27.62 | | 59.05 (31.43) | | | |
| 2 Abigail Chatalyan | Jr | Burroughs-Burbank | 59.24 | 59.80 | 19 |
| 27.93 | | 59.80 (31.87) | | | |
| 3 Kalona Kok | Jr | South Torrance | 1:00.32 | 1:00.18 | 18 |
| 27.94 | | 1:00.18 (32.24) | | | |
| 4 Elizabeth Lee | Fr | Oxford Academy | 1:01.62 | 1:00.24 | 17 |
| 27.82 | | 1:00.24 (32.42) | | | |
| 5 Heidi Tufo | Sr | St. Margarets | 1:01.27 | 1:00.26 | 16 |
| 27.92 | | 1:00.26 (32.34) | | | |
| 6 Vivi Ta | So | Sage Hill | 1:00.72 | 1:00.28 | 15 |
| 28.00 | | 1:00.28 (32.28) | | | |
| 7 Natalia Ferrette | Sr | Chaparral | 59.92 | 1:00.37 | 14 |
| 28.03 | | 1:00.37 (32.34) | | | |
| 8 Lily Surjadinata | Sr | El Dorado | 1:01.61 | 1:01.37 | 13 |
| 28.29 | | 1:01.37 (33.08) | | | |
| 9 Emily Robertson | Jr | San Dimas | 1:01.69 | 1:01.52 | 12 |
| 28.63 | | 1:01.52 (32.89) | | | |
| B - Final | | | | | |
| 10 Ruth Harkins | Sr | Crean Lutheran | 1:02.32 | 1:01.19 | 10 |
| 28.61 | | 1:01.19 (32.58) | | | |
| 11 Magnolia Ahking | Fr | Quartz Hill | 1:02.15 | 1:01.70 | 8 |
| 28.35 | | 1:01.70 (33.35) | | | |
| 12 Ryann Priest | Jr | Crean Lutheran | 1:02.85 | 1:01.75 | 7 |
| 28.45 | | 1:01.75 (33.30) | | | |
| 13 Delaney Cowan | Sr | Castaic | 1:02.18 | 1:02.00 | 6 |
| 28.82 | | 1:02.00 (33.18) | | | |
| 14 Tanaz Engineer | Fr | Da Vinci Schools | 1:02.91 | 1:02.02 | 5 |
| 28.66 | | 1:02.02 (33.36) | | | |
| 15 Madison Dockery | 00 | Temecula Valley | 1:02.41 | 1:02.25 | 4 |
| 28.78 | | 1:02.25 (33.47) | | | |
| 16 Jen Won | So | Cate | 1:04.05 | 1:03.26 | 3 |
| 17 Grace McIntyre | Jr | Louisville | 1:03.97 | 1:03.59 | 2 |
| 29.65 | | 1:03.59 (33.94) | | | |
| 18 Destiny Moreno | Sr | Schurr | 1:03.63 | 1:03.61 | 1 |
| 29.29 | | 1:03.61 (34.32) | | | |

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2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Results - D3 Swimming Finals

Event 12 Boys 100 Yard Butterfly Varsity

| | Name | Yr | School | Prelim Time | Finals Time | Points |
|------------------|--------------------------|-----------|---------------------|--------------------|--------------------|---------------|
| A - Final | | | | | | |
| 1 | Jaiden Monroe | Sr | Rio Mesa | 51.08 | 50.36 | 22 |
| | 23.20 | | 50.36 (27.16) | | | |
| 2 | Alex Thornton | Jr | Peninsula | 50.09 | 50.52 | 19 |
| | 23.66 | | 50.52 (26.86) | | | |
| 3 | David Toschak | Sr | Chaparral | 51.60 | 51.52 | 18 |
| | 23.98 | | 51.52 (27.54) | | | |
| 4 | Alexander Hernandez | Fr | Great Oak | 53.85 | 53.18 | 17 |
| | 24.84 | | 53.18 (28.34) | | | |
| 5 | Kaelan Grimaldo | Jr | Alemany | 54.14 | 53.94 | 16 |
| | 25.75 | | 53.94 (28.19) | | | |
| 6 | Isaac Jung | So | Flintridge Prep | 53.67 | 54.13 | 15 |
| | 25.20 | | 54.13 (28.93) | | | |
| 7 | Nolan Wyser | Sr | El Modena | 54.11 | 54.39 | 14 |
| | 24.99 | | 54.39 (29.40) | | | |
| 8 | Trevor Ngo | Sr | Bonita | 53.94 | 54.63 | 13 |
| | 26.20 | | 54.63 (28.43) | | | |
| 9 | Mosheh Villegas-Resendiz | Sr | Cabrillo-Long Beach | 54.28 | 54.99 | 12 |
| | 25.83 | | 54.99 (29.16) | | | |
| B - Final | | | | | | |
| 10 | Xander Martin | So | Quartz Hill | 54.80 | 53.82 | 10 |
| | 24.87 | | 53.82 (28.95) | | | |
| *11 | Marco Uribe | Jr | St. John Bosco | 54.62 | 54.50 | 7.50 |
| | 25.14 | | 54.50 (29.36) | | | |
| *11 | Robert Rayfield | Sr | La Mirada | 54.81 | 54.50 | 7.50 |
| | 25.07 | | 54.50 (29.43) | | | |
| 13 | Aidan Staton | Jr | Palm Springs | 54.87 | 55.16 | 6 |
| | 25.63 | | 55.16 (29.53) | | | |
| *14 | Aiden Goodall | Jr | Temescal Canyon | 55.63 | 55.19 | 4.50 |
| | 25.74 | | 55.19 (29.45) | | | |
| *14 | Edward Navarro | Jr | Whittier | 55.31 | 55.19 | 4.50 |
| | 25.86 | | 55.19 (29.33) | | | |
| 16 | Owen Bollert | Sr | St. Francis | 55.87 | 55.33 | 3 |
| | 25.54 | | 55.33 (29.79) | | | |
| 17 | Ian Venegas Fiedler | Fr | Quartz Hill | 55.40 | 55.41 | 2 |
| | 25.20 | | 55.41 (30.21) | | | |
| 18 | Joaquin Ortega | So | Hart | 56.07 | 55.95 | 1 |
| | 26.16 | | 55.95 (29.79) | | | |

Event 13 Girls 100 Yard Freestyle Varsity

| | Name | Yr | School | Prelim Time | Finals Time | Points |
|------------------|----------------|-----------|---------------|--------------------|--------------------|---------------|
| A - Final | | | | | | |
| 1 | Ava Otteson | So | Xavier Prep | 52.72 | 51.79 | 22 |
| | 25.20 | | 51.79 (26.59) | | | |
| 2 | Bailey Nickols | Fr | Quartz Hill | 52.70 | 52.35 | 19 |
| | 25.21 | | 52.35 (27.14) | | | |
| 3 | Carolyn Kao | Sr | San Dimas | 53.21 | 52.90 | 18 |
| | 24.97 | | 52.90 (27.93) | | | |
| 4 | Morgan Carles | Jr | Ocean View | 53.38 | 53.05 | 17 |
| | 25.19 | | 53.05 (27.86) | | | |
| 5 | Addison Bruno | So | Buena | 55.33 | 55.00 | 16 |
| | 26.55 | | 55.00 (28.45) | | | |

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Results - D3 Swimming Finals

A - Final ... (Event 13 Girls 100 Yard Freestyle Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|----------------------|----|-------------------------|-------------|-------------|--------|
| 6 Karolina Sangasy | Fr | Costa Mesa | 54.38 | 55.05 | 15 |
| 25.98 | | 55.05 (29.07) | | | |
| 7 Catherine Bingaman | So | Marymount | 54.76 | 55.17 | 14 |
| 26.21 | | 55.17 (28.96) | | | |
| 8 Lacey Thompson | Sr | Archer School for Girls | 55.02 | 55.23 | 13 |
| 25.94 | | 55.23 (29.29) | | | |
| 9 Madeline Stagg | Jr | Sage Hill | 55.37 | 55.76 | 12 |
| 26.56 | | 55.76 (29.20) | | | |

B - Final

| | | | | | |
|----------------------|----|---------------------|-------|-------|----|
| 10 Nadia Frutkin | So | Palm Desert | 56.03 | 55.71 | 10 |
| 26.94 | | 55.71 (28.77) | | | |
| 11 Juliette Early | So | Arrowhead Christian | 56.03 | 55.77 | 8 |
| 27.12 | | 55.77 (28.65) | | | |
| 12 Isabelle Drossel | Sr | Quartz Hill | 56.74 | 56.45 | 7 |
| 27.00 | | 56.45 (29.45) | | | |
| 13 Kaitlin Craig | Sr | Valley View | 57.49 | 56.58 | 6 |
| 27.07 | | 56.58 (29.51) | | | |
| 14 Marisa Lemus | So | West Covina | 57.85 | 57.27 | 5 |
| 27.33 | | 57.27 (29.94) | | | |
| 15 Sophia Novak | Fr | Cypress | 57.38 | 57.57 | 4 |
| 27.46 | | 57.57 (30.11) | | | |
| 16 Megan Medina | Jr | Rancho Cucamonga | 58.30 | 57.99 | 3 |
| 28.28 | | 57.99 (29.71) | | | |
| 17 Madeleine Kollock | Fr | Cate | 58.24 | 58.66 | 2 |
| 27.96 | | 58.66 (30.70) | | | |
| 18 Stella Rogers | Jr | Cate | 57.99 | 58.75 | 1 |
| 27.50 | | 58.75 (31.25) | | | |

Event 14 Boys 100 Yard Freestyle Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-------------------------|----|-------------------|-------------|-------------|--------|
| A - Final | | | | | |
| 1 Quin Seider | Sr | Nordhoff | 43.52 | 43.36 | 22 |
| 20.86 | | 43.36 (22.50) | | | |
| 2 Nathan Kim | Sr | St. Francis | 45.05 | 44.08 | 19 |
| 21.18 | | 44.08 (22.90) | | | |
| 3 Miles Blackson-Dunbar | So | Crossroads | 46.28 | 45.22 | 18 |
| 21.79 | | 45.22 (23.43) | | | |
| 4 David Mazyan | Jr | Agoura | 46.08 | 46.44 | 17 |
| 21.85 | | 46.44 (24.59) | | | |
| 5 Ryan Lee | Sr | Burroughs-Burbank | 46.40 | 46.47 | 16 |
| 22.57 | | 46.47 (23.90) | | | |
| 6 Filip Kurial | Sr | Malibu | 46.93 | 47.59 | 15 |
| 22.73 | | 47.59 (24.86) | | | |
| 7 Elliott Drottar | So | Oak Park | 48.22 | 47.63 | 14 |
| 22.94 | | 47.63 (24.69) | | | |
| 8 Gio Demuro | Sr | Tustin | 48.02 | 47.93 | 13 |
| 22.67 | | 47.93 (25.26) | | | |
| 9 Dylan Ranshaw | Sr | Chaparral | 48.75 | 48.87 | 12 |
| 23.31 | | 48.87 (25.56) | | | |
| B - Final | | | | | |
| 10 Yaroslav Puryshv | Sr | Beaumont | 49.08 | 47.86 | 10 |
| 23.22 | | 47.86 (24.64) | | | |

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Results - D3 Swimming Finals

B - Final ... (Event 14 Boys 100 Yard Freestyle Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|--------------------|---------------|----------------------|-------------|-------------|--------|
| 11 Zachary Shoaf | Jr | Great Oak | 49.46 | 49.11 | 8 |
| 24.04 | 49.11 (25.07) | | | | |
| 12 Jack Pointner | So | Buena | 49.53 | 49.31 | 7 |
| 23.94 | 49.31 (25.37) | | | | |
| 13 Thorson Pearson | Jr | Pasadena | 49.32 | 49.41 | 6 |
| 23.87 | 49.41 (25.54) | | | | |
| 14 Henry Lawrence | Jr | Brentwood | 49.56 | 49.51 | 5 |
| 23.64 | 49.51 (25.87) | | | | |
| 15 Aaron Mackinnon | Sr | Garden Grove | 50.11 | 49.71 | 4 |
| 24.05 | 49.71 (25.66) | | | | |
| 16 Jack Rodenkirch | Fr | Peninsula | 49.42 | 49.81 | 3 |
| 24.06 | 49.81 (25.75) | | | | |
| 17 Teagan Arnold | Sr | Great Oak | 49.16 | 49.92 | 2 |
| 23.74 | 49.92 (26.18) | | | | |
| 18 William Dahnke | Fr | Redlands East Valley | 49.97 | 49.96 | 1 |
| 24.33 | 49.96 (25.63) | | | | |

Event 15 Girls 500 Yard Freestyle Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|---------------------|-----------------|-------------------------|-----------------|-------------|--------|
| A - Final | | | | | |
| 1 Amelia Hines | Sr | Archer School for Girls | 4:57.94 | 4:55.08 | 22 |
| 27.50 | 56.44 (28.94) | 1:25.74 (29.30) | 1:55.37 (29.63) | | |
| 2:24.99 (29.62) | 2:55.14 (30.15) | 3:25.39 (30.25) | 3:55.78 (30.39) | | |
| 4:25.77 (29.99) | 4:55.08 (29.31) | | | | |
| 2 Gwen Asbury | So | Liberty High School | 5:08.81 | 5:07.83 | 19 |
| 27.84 | 57.83 (29.99) | 1:28.28 (30.45) | 1:59.03 (30.75) | | |
| 2:30.37 (31.34) | 3:01.54 (31.17) | 3:32.90 (31.36) | 4:04.51 (31.61) | | |
| 4:36.26 (31.75) | 5:07.83 (31.57) | | | | |
| 3 Cynthia Hu | So | Foothill Technology | 5:06.91 | 5:09.45 | 18 |
| 27.88 | 57.99 (30.11) | 1:28.67 (30.68) | 1:59.69 (31.02) | | |
| 2:30.77 (31.08) | 3:02.18 (31.41) | 3:33.77 (31.59) | 4:05.88 (32.11) | | |
| 4:38.09 (32.21) | 5:09.45 (31.36) | | | | |
| 4 Melina Seider | So | Nordhoff | 5:11.15 | 5:11.08 | 17 |
| 27.60 | 57.65 (30.05) | 1:28.44 (30.79) | 1:59.79 (31.35) | | |
| 2:31.26 (31.47) | 3:03.17 (31.91) | 3:35.01 (31.84) | 4:07.13 (32.12) | | |
| 4:39.26 (32.13) | 5:11.08 (31.82) | | | | |
| 5 Maya Chin | So | Webb | 5:11.06 | 5:13.25 | 16 |
| 27.95 | 58.54 (30.59) | 1:29.68 (31.14) | 2:01.32 (31.64) | | |
| 2:33.04 (31.72) | 3:04.80 (31.76) | 3:37.05 (32.25) | 4:09.40 (32.35) | | |
| 4:41.74 (32.34) | 5:13.25 (31.51) | | | | |
| 6 Addison Schneider | 00 | Murrieta Mesa | 5:19.13 | 5:17.95 | 15 |
| 29.22 | 1:00.26 (31.04) | 1:32.09 (31.83) | 2:04.15 (32.06) | | |
| 2:36.51 (32.36) | 3:08.91 (32.40) | 3:41.42 (32.51) | 4:13.77 (32.35) | | |
| 4:46.27 (32.50) | 5:17.95 (31.68) | | | | |
| 7 Sydney Cruz | Fr | Fullerton | 5:29.23 | 5:22.36 | 14 |
| 28.37 | 59.52 (31.15) | 1:31.62 (32.10) | 2:04.00 (32.38) | | |
| 2:36.42 (32.42) | 3:09.21 (32.79) | 3:42.34 (33.13) | 4:15.68 (33.34) | | |
| 4:48.95 (33.27) | 5:22.36 (33.41) | | | | |
| 8 Autumn Moya | Jr | Corona | 5:18.09 | 5:25.81 | 13 |
| 28.62 | 59.78 (31.16) | 1:32.04 (32.26) | 2:04.98 (32.94) | | |
| 2:38.08 (33.10) | 3:11.58 (33.50) | 3:45.18 (33.60) | 4:18.94 (33.76) | | |
| 4:52.53 (33.59) | 5:25.81 (33.28) | | | | |

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2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Results - D3 Swimming Finals

A - Final ... (Event 15 Girls 500 Yard Freestyle Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-----------------|----|---------------------------------|-----------------|-------------|--------|
| 9 Lily Mastros | Fr | Pacifica-Garden Grove | 5:29.31 | 5:33.00 | 12 |
| 29.98 | | 1:03.53 (33.55) 1:37.02 (33.49) | 2:10.93 (33.91) | | |
| 2:45.26 (34.33) | | 3:19.12 (33.86) 3:53.09 (33.97) | 4:26.96 (33.87) | | |
| 5:00.73 (33.77) | | 5:33.00 (32.27) | | | |

B - Final

| | | | | | |
|---------------------|----|---------------------------------|-----------------|---------|------|
| 10 Tallula Murphree | Jr | Malibu | 5:34.99 | 5:24.43 | 10 |
| 28.22 | | 59.04 (30.82) 1:30.99 (31.95) | 2:03.46 (32.47) | | |
| 2:36.34 (32.88) | | 3:09.97 (33.63) 3:43.70 (33.73) | 4:17.95 (34.25) | | |
| 4:51.96 (34.01) | | 5:24.43 (32.47) | | | |
| 11 Wendy Zeiss | Fr | Immaculate Heart | 5:34.69 | 5:24.59 | 8 |
| 29.39 | | 1:01.43 (32.04) 1:34.55 (33.12) | 2:08.01 (33.46) | | |
| 2:41.36 (33.35) | | 3:14.58 (33.22) 3:47.95 (33.37) | 4:20.97 (33.02) | | |
| 4:53.44 (32.47) | | 5:24.59 (31.15) | | | |
| 12 Jasmine Eskander | Fr | South Torrance | 5:32.50 | 5:31.51 | 7 |
| 29.59 | | 1:01.76 (32.17) 1:35.10 (33.34) | 2:08.93 (33.83) | | |
| 2:43.00 (34.07) | | 3:17.29 (34.29) 3:51.44 (34.15) | 4:25.58 (34.14) | | |
| 4:59.87 (34.29) | | 5:31.51 (31.64) | | | |
| 13 Kelsey Flores | Fr | North, JW | 5:35.24 | 5:31.71 | 6 |
| 29.25 | | 1:01.78 (32.53) 1:34.96 (33.18) | 2:08.54 (33.58) | | |
| 2:42.13 (33.59) | | 3:15.67 (33.54) 3:50.07 (34.40) | 4:25.24 (35.17) | | |
| 4:59.56 (34.32) | | 5:31.71 (32.15) | | | |
| 14 Bouquet Vinyard | Jr | Hemet | 5:32.30 | 5:33.86 | 5 |
| 29.14 | | 1:01.05 (31.91) 1:34.53 (33.48) | 2:08.69 (34.16) | | |
| 2:42.83 (34.14) | | 3:17.39 (34.56) 3:51.99 (34.60) | 4:26.62 (34.63) | | |
| 5:00.73 (34.11) | | 5:33.86 (33.13) | | | |
| 15 Zoe Fairley | Fr | Westlake | 5:32.68 | 5:35.69 | 4 |
| 28.90 | | 1:01.10 (32.20) 1:34.99 (33.89) | 2:09.17 (34.18) | | |
| 2:43.60 (34.43) | | 3:18.32 (34.72) 3:52.82 (34.50) | 4:27.79 (34.97) | | |
| 5:02.10 (34.31) | | 5:35.69 (33.59) | | | |
| 16 Mikayla Barre | Sr | Crean Lutheran | 5:35.82 | 5:39.62 | 3 |
| 29.18 | | 1:01.97 (32.79) 1:35.90 (33.93) | 2:10.82 (34.92) | | |
| 2:45.95 (35.13) | | 3:20.89 (34.94) 3:56.23 (35.34) | 4:31.00 (34.77) | | |
| 5:05.80 (34.80) | | 5:39.62 (33.82) | | | |
| *17 Chloe Hills | Fr | Costa Mesa | 5:37.73 | 5:41.51 | 1.50 |
| 29.40 | | 1:02.18 (32.78) 1:36.06 (33.88) | 2:10.23 (34.17) | | |
| 2:44.84 (34.61) | | 3:19.88 (35.04) 3:55.14 (35.26) | 4:30.34 (35.20) | | |
| 5:06.35 (36.01) | | 5:41.51 (35.16) | | | |
| *17 Frances Lawton | So | Marymount | 5:38.31 | 5:41.51 | 1.50 |
| 29.50 | | 1:02.24 (32.74) 1:36.09 (33.85) | 2:11.50 (35.41) | | |
| 2:47.34 (35.84) | | 3:22.52 (35.18) 3:57.72 (35.20) | 4:32.91 (35.19) | | |
| 5:08.52 (35.61) | | 5:41.51 (32.99) | | | |

Event 16 Boys 500 Yard Freestyle Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-----------------|----|---------------------------------|-----------------|-------------|--------|
| A - Final | | | | | |
| 1 Hunter Tamura | 00 | Yucaipa | 4:45.32 | 4:39.07 | 22 |
| 25.33 | | 52.63 (27.30) 1:20.89 (28.26) | 1:49.34 (28.45) | | |
| 2:17.98 (28.64) | | 2:47.11 (29.13) 3:15.93 (28.82) | 3:44.29 (28.36) | | |
| 4:12.34 (28.05) | | 4:39.07 (26.73) | | | |
| 2 Ryan Novak | Sr | Cypress | 4:42.32 | 4:40.42 | 19 |
| 24.80 | | 51.86 (27.06) 1:19.81 (27.95) | 1:47.96 (28.15) | | |
| 2:16.65 (28.69) | | 2:45.42 (28.77) 3:14.28 (28.86) | 3:43.38 (29.10) | | |
| 4:12.49 (29.11) | | 4:40.42 (27.93) | | | |

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2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Results - D3 Swimming Finals

A - Final ... (Event 16 Boys 500 Yard Freestyle Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|--------------------|-----------------|----------------------|-----------------|-------------|--------|
| 3 Pablo Ingram | Fr | Oak Park | 4:49.21 | 4:42.57 | 18 |
| 25.38 | 53.06 (27.68) | 1:21.52 (28.46) | 1:50.53 (29.01) | | |
| 2:19.12 (28.59) | 2:47.70 (28.58) | 3:16.82 (29.12) | 3:45.44 (28.62) | | |
| 4:14.23 (28.79) | 4:42.57 (28.34) | | | | |
| 4 Marshall Smith | Sr | Beverly Hills | 4:50.26 | 4:43.06 | 17 |
| 26.14 | 54.46 (28.32) | 1:22.45 (27.99) | 1:50.78 (28.33) | | |
| 2:19.37 (28.59) | 2:48.05 (28.68) | 3:16.99 (28.94) | 3:46.10 (29.11) | | |
| 4:15.02 (28.92) | 4:43.06 (28.04) | | | | |
| 5 Luca Miyake | Sr | Beverly Hills | 4:45.86 | 4:45.05 | 16 |
| 25.41 | 53.03 (27.62) | 1:21.51 (28.48) | 1:50.01 (28.50) | | |
| 2:18.81 (28.80) | 2:47.38 (28.57) | 3:16.11 (28.73) | 3:45.16 (29.05) | | |
| 4:14.81 (29.65) | 4:45.05 (30.24) | | | | |
| 6 Edmund Bui | Fr | El Modena | 4:54.79 | 4:51.40 | 15 |
| 26.59 | 56.39 (29.80) | 1:26.02 (29.63) | 1:55.81 (29.79) | | |
| 2:25.47 (29.66) | 2:55.45 (29.98) | 3:25.15 (29.70) | 3:54.36 (29.21) | | |
| 4:23.30 (28.94) | 4:51.40 (28.10) | | | | |
| 7 Eric Zhou | Sr | Bishop Montgomery | 4:53.00 | 4:54.90 | 14 |
| 25.48 | 53.45 (27.97) | 1:22.44 (28.99) | 1:52.12 (29.68) | | |
| 2:22.14 (30.02) | 2:52.62 (30.48) | 3:23.20 (30.58) | 3:54.25 (31.05) | | |
| 4:25.16 (30.91) | 4:54.90 (29.74) | | | | |
| 8 Jeremiah Ireland | Sr | Redlands East Valley | 4:57.39 | 4:57.09 | 13 |
| 26.57 | 55.98 (29.41) | 1:25.73 (29.75) | 1:56.01 (30.28) | | |
| 2:26.29 (30.28) | 2:56.68 (30.39) | 3:27.06 (30.38) | 3:57.55 (30.49) | | |
| 4:27.98 (30.43) | 4:57.09 (29.11) | | | | |
| 9 Beckett Page | Jr | Beverly Hills | 4:55.95 | 4:57.90 | 12 |
| 26.04 | 55.21 (29.17) | 1:25.26 (30.05) | 1:55.90 (30.64) | | |
| 2:26.26 (30.36) | 2:56.89 (30.63) | 3:28.07 (31.18) | 3:58.50 (30.43) | | |
| 4:28.22 (29.72) | 4:57.90 (29.68) | | | | |
| B - Final | | | | | |
| 10 Aaron Lee | Jr | Whitney | 4:59.40 | 4:56.88 | 10 |
| 26.39 | 55.31 (28.92) | 1:25.56 (30.25) | 1:55.86 (30.30) | | |
| 2:26.40 (30.54) | 2:57.50 (31.10) | 3:28.55 (31.05) | 3:59.23 (30.68) | | |
| 4:29.06 (29.83) | 4:56.88 (27.82) | | | | |
| 11 Brendan Gray | Sr | Temescal Canyon | 5:00.45 | 4:57.67 | 8 |
| 26.88 | 56.24 (29.36) | 1:26.15 (29.91) | 1:56.18 (30.03) | | |
| 2:26.69 (30.51) | 2:57.48 (30.79) | 3:28.24 (30.76) | 3:58.84 (30.60) | | |
| 4:28.88 (30.04) | 4:57.67 (28.79) | | | | |
| 12 Wil Rivera | Fr | Cate | 5:02.73 | 5:00.18 | 7 |
| 27.07 | 56.42 (29.35) | 1:26.89 (30.47) | 1:57.64 (30.75) | | |
| 2:28.21 (30.57) | 2:59.05 (30.84) | 3:29.78 (30.73) | 4:00.48 (30.70) | | |
| 4:30.90 (30.42) | 5:00.18 (29.28) | | | | |
| 13 Ryan Manzanero | So | Pasadena | 5:04.37 | 5:03.22 | 6 |
| 26.91 | 56.63 (29.72) | 1:26.67 (30.04) | 1:57.07 (30.40) | | |
| 2:27.71 (30.64) | 2:58.39 (30.68) | 3:29.52 (31.13) | 4:00.74 (31.22) | | |
| 4:32.48 (31.74) | 5:03.22 (30.74) | | | | |
| 14 Joaquin Sucgang | So | Calabasas | 5:01.64 | 5:04.23 | 5 |
| 27.05 | 56.74 (29.69) | 1:27.28 (30.54) | 1:57.76 (30.48) | | |
| 2:28.40 (30.64) | 2:59.21 (30.81) | 3:30.67 (31.46) | 4:02.27 (31.60) | | |
| 4:33.90 (31.63) | 5:04.23 (30.33) | | | | |
| 15 Anthony Kim | So | Sierra Canyon | 5:05.01 | 5:05.47 | 4 |
| 27.06 | 56.92 (29.86) | 1:27.23 (30.31) | 1:58.02 (30.79) | | |
| 2:29.03 (31.01) | 3:00.35 (31.32) | 3:31.77 (31.42) | 4:03.44 (31.67) | | |
| 4:34.70 (31.26) | 5:05.47 (30.77) | | | | |

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Results - D3 Swimming Finals

B - Final ... (Event 16 Boys 500 Yard Freestyle Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-------------------|-----------------|-----------------|-----------------|-------------|--------|
| 16 Edward Navarro | Jr | Whittier | 5:06.92 | 5:06.59 | 3 |
| 28.71 | 1:00.25 (31.54) | 1:31.76 (31.51) | 2:02.57 (30.81) | | |
| 2:34.41 (31.84) | 3:05.81 (31.40) | 3:37.26 (31.45) | 4:07.63 (30.37) | | |
| 4:37.62 (29.99) | 5:06.59 (28.97) | | | | |
| 17 Toby Swanson | 00 | Fullerton | 5:04.37 | 5:08.97 | 2 |
| 27.18 | 56.66 (29.48) | 1:27.11 (30.45) | 1:58.34 (31.23) | | |
| 2:30.29 (31.95) | 3:02.19 (31.90) | 3:34.39 (32.20) | 4:06.49 (32.10) | | |
| 4:37.86 (31.37) | 5:08.97 (31.11) | | | | |
| 18 Elliot Paige | So | Cate | 5:07.26 | 5:10.75 | 1 |
| 26.80 | 57.34 (30.54) | 1:28.62 (31.28) | 1:59.86 (31.24) | | |
| 2:31.48 (31.62) | 3:03.26 (31.78) | 3:35.06 (31.80) | 4:07.59 (32.53) | | |
| 4:40.12 (32.53) | 5:10.75 (30.63) | | | | |

Event 17 Girls 200 Yard Freestyle Relay Varsity

| Team | Relay | Prelim Time | Finals Time | Points |
|---------------------------|-------------------------|------------------------|--------------------------|--------|
| A - Final | | | | |
| 1 Archer School for Girls | | 1:43.62 | 1:42.57 | 44 |
| 1) Lacey Thompson Sr | 2) Meredith Ho So | 3) Alexa Grant So | 4) Amelia Hines Sr | |
| 24.71 | 52.31 (27.60) | 1:18.27 (25.96) | 1:42.57 (24.30) | |
| 2 St. Margarets | | 1:45.42 | 1:43.73 | 38 |
| 1) Zoe Reynolds Sr | 2) Annika Tufo So | 3) Caitlin Rooney Jr | 4) Heidi Tufo Sr | |
| 25.20 | 51.49 (26.29) | 1:18.65 (27.16) | 1:43.73 (25.08) | |
| 3 Buena | | 1:43.85 | 1:44.11 | 36 |
| 1) Addison Bruno So | 2) Kendall Nagaoka Sr | 3) Madelyn Pierce So | 4) Maren Bursek Fr | |
| 25.36 | 51.60 (26.24) | 1:19.09 (27.49) | 1:44.11 (25.02) | |
| 4 Marymount | | 1:44.07 | 1:44.20 | 34 |
| 1) Savannah Barrack Fr | 2) Talia Lutz Sr | 3) Frances Lawton So | 4) Catherine Bingaman So | |
| 26.62 | 53.46 (26.84) | 1:19.65 (26.19) | 1:44.20 (24.55) | |
| 5 Costa Mesa | | 1:44.64 | 1:44.47 | 32 |
| 1) Karolina Sangasy Fr | 2) Melanie Pang Fr | 3) Chloe Wool-Smith Fr | 4) Addie Juelfs Sr | |
| 25.65 | 51.61 (25.96) | 1:17.93 (26.32) | 1:44.47 (26.54) | |
| 6 Temecula Valley | | 1:45.52 | 1:44.48 | 30 |
| 1) Madison Dockery 00 | 2) Maggie Yan 00 | 3) Kenna Tibbits Jr | 4) Maya Cravens So | |
| 26.01 | 52.74 (26.73) | 1:18.95 (26.21) | 1:44.48 (25.53) | |
| 7 Hemet | | 1:45.98 | 1:45.40 | 28 |
| 1) Jaydah Godbolt So | 2) Zoe Jennings Sr | 3) Alexis Rackley Jr | 4) Bouquet Vinyard Jr | |
| 24.24 | 50.62 (26.38) | 1:19.11 (28.49) | 1:45.40 (26.29) | |
| 8 Canyon-Canyon Country | | 1:46.03 | 1:46.58 | 26 |
| 1) Madeline Yu Jr | 2) Nikki Bolita Jr | 3) Lauren Abellera Fr | 4) Madelyn Krestul So | |
| 26.55 | 54.12 (27.57) | 1:21.78 (27.66) | 1:46.58 (24.80) | |
| 9 Cate | | 1:45.78 | 1:46.81 | 24 |
| 1) Jen Won So | 2) Madeleine Kollock Fr | 3) Makayla Niu Fr | 4) Stella Rogers Jr | |
| 26.21 | 52.74 (26.53) | 1:20.67 (27.93) | 1:46.81 (26.14) | |
| B - Final | | | | |
| 10 Da Vinci Schools | | 1:47.09 | 1:45.28 | 20 |
| 1) Tanaz Engineer Fr | 2) Andrea Cornejo Jr | 3) Taylor Jackson Jr | 4) Kaia Henty-Dodd Jr | |
| 26.43 | 52.53 (26.10) | 1:19.61 (27.08) | 1:45.28 (25.67) | |
| 11 Valley View | | 1:47.21 | 1:46.23 | 16 |
| 1) Maria Chavez Fr | 2) Maryeon Reedy Sr | 3) Chloe Cayetano Jr | 4) Kaitlin Craig Sr | |
| 26.79 | 54.54 (27.75) | 1:20.70 (26.16) | 1:46.23 (25.53) | |
| 12 Rancho Cucamonga | | 1:46.62 | 1:46.30 | 14 |
| 1) Raegan Powers Sr | 2) Anastasya Gamboa Fr | 3) Audrey Lee So | 4) Megan Medina Jr | |
| 26.99 | 54.15 (27.16) | 1:20.80 (26.65) | 1:46.30 (25.50) | |

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Results - D3 Swimming Finals

B - Final ... (Event 17 Girls 200 Yard Freestyle Relay Varsity)

| Team | Relay | | Prelim Time | Finals Time | Points |
|-----------------------------|-------------------------|----------------------------|------------------------|-------------|--------|
| 13 Louisville | | | 1:46.62 | 1:46.65 | 12 |
| 1) Zoe Gaynor Jr | 2) Jaden Loninia Fr | 3) Grace McIntyre Jr | 4) Julia Glukhovsky Sr | | |
| 27.03 | 53.58 (26.55) | 1:20.54 (26.96) | 1:46.65 (26.11) | | |
| 14 Calvary Chapel-Santa Ana | | | 1:47.30 | 1:46.93 | 10 |
| 1) Allison Foos Jr | 2) Joy Yomogida Sr | 3) Soriya Frantz Sr | 4) Cara Chow So | | |
| 26.37 | 53.96 (27.59) | 1:20.08 (26.12) | 1:46.93 (26.85) | | |
| 15 Redlands East Valley | | | 1:47.84 | 1:47.13 | 8 |
| 1) Ashlyn Allen Jr | 2) Addie Arturi So | 3) Gwendalynn McClellan Jr | 4) Arina Rupan Fr | | |
| 26.43 | 52.06 (25.63) | 1:19.42 (27.36) | 1:47.13 (27.71) | | |
| 16 Nordhoff | | | 1:47.03 | 1:48.07 | 6 |
| 1) Amelie Pinkernell Sr | 2) Avery Harris Sr | 3) Kirra Fink Jr | 4) Melina Seider So | | |
| 25.40 | 53.39 (27.99) | 1:21.42 (28.03) | 1:48.07 (26.65) | | |
| 17 Oxford Academy | | | 1:47.25 | 1:48.13 | 4 |
| 1) Elizabeth Lee Fr | 2) Sophia Santos Jr | 3) Jolie Diep So | 4) Katie Tran Sr | | |
| 27.10 | 54.79 (27.69) | 1:21.39 (26.60) | 1:48.13 (26.74) | | |
| 18 El Dorado | | | 1:47.03 | 1:50.02 | 2 |
| 1) Keira Pak So | 2) Nicole Calvo-Choi So | 3) Annale Doan So | 4) Ella Dang Sr | | |
| 26.90 | 54.81 (27.91) | 1:23.16 (28.35) | 1:50.02 (26.86) | | |

Event 18 Boys 200 Yard Freestyle Relay Varsity

| Team | Relay | | Prelim Time | Finals Time | Points |
|------------------------|-------------------------|-----------------------|-----------------------|-------------|--------|
| A - Final | | | | | |
| 1 Flintridge Prep | | | 1:28.28 | 1:26.74 | 44 |
| 1) Athan Boutakidis Sr | 2) Henry Yang Fr | 3) Kai Timbadia So | 4) Ridley Tolleson Jr | | |
| 21.28 | 43.02 (21.74) | 1:05.35 (22.33) | 1:26.74 (21.39) | | |
| 2 Chaparral | | | 1:29.04 | 1:28.22 | 38 |
| 1) David Toschak Sr | 2) Dylan Ranshaw Sr | 3) Ethan Chen So | 4) Jack Hougland Sr | | |
| 21.79 | 43.63 (21.84) | 1:05.77 (22.14) | 1:28.22 (22.45) | | |
| 3 Buena | | | 1:29.80 | 1:28.77 | 36 |
| 1) Caleb Jones Sr | 2) Wyatt Munger So | 3) Jack Pointner So | 4) Nate Johnson So | | |
| 22.66 | 45.09 (22.43) | 1:07.44 (22.35) | 1:28.77 (21.33) | | |
| 4 Bonita | | | 1:29.06 | 1:29.72 | 34 |
| 1) Jake Carlson Sr | 2) Dylan Vegas Jr | 3) Trevor Ngo Sr | 4) Max Distaso Sr | | |
| 22.05 | 45.59 (23.54) | 1:08.87 (23.28) | 1:29.72 (20.85) | | |
| 5 Nordhoff | | | 1:29.83 | 1:30.18 | 32 |
| 1) Quin Seider Sr | 2) Benjamin McSorley Sr | 3) Rafael Sierra Sr | 4) Flynn VanAuker Fr | | |
| 20.05 | 42.70 (22.65) | 1:07.00 (24.30) | 1:30.18 (23.18) | | |
| 6 Beverly Hills | | | 1:30.75 | 1:30.22 | 30 |
| 1) Beckett Page Jr | 2) Gabby Grafstein Sr | 3) Remy Javidzad Jr | 4) Luca Miyake Sr | | |
| 21.85 | 44.68 (22.83) | 1:07.80 (23.12) | 1:30.22 (22.42) | | |
| 7 Cate | | | 1:30.66 | 1:30.56 | 28 |
| 1) Joba Samson Jr | 2) Josiah Hansen Fr | 3) Jae Wykoff So | 4) Zach White Sr | | |
| 22.30 | 45.61 (23.31) | 1:08.38 (22.77) | 1:30.56 (22.18) | | |
| 8 Tustin | | | 1:30.88 | 1:31.46 | 26 |
| 1) Josiah Scott Sr | 2) Matthew Munoz So | 3) Hunter Williams So | 4) Gio Demuro Sr | | |
| 22.97 | 46.20 (23.23) | 1:09.90 (23.70) | 1:31.46 (21.56) | | |
| 9 St. Francis | | | 1:30.23 | 1:33.77 | 24 |
| 1) Donovan Esquivel Jr | 2) Jack Pemberton So | 3) Danial Jamshidi So | 4) Owen Bollert Sr | | |
| 23.40 | 47.82 (24.42) | 1:11.17 (23.35) | 1:33.77 (22.60) | | |
| B - Final | | | | | |
| 10 Gabrielino | | | 1:32.38 | 1:31.80 | 20 |
| 1) Miguel Yau Jr | 2) Ethan Yun Sr | 3) Jeffrey Wu Sr | 4) Sean Phan So | | |
| 23.09 | 46.33 (23.24) | 1:09.16 (22.83) | 1:31.80 (22.64) | | |

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Results - D3 Swimming Finals

B - Final ... (Event 18 Boys 200 Yard Freestyle Relay Varsity)

| Team | Relay | Prelim Time | Finals Time | Points |
|--------------------------------|---|--|------------------------|--------|
| 11 Quartz Hill | | 1:31.87 | 1:31.90 | 16 |
| 1) Chase Stanford So 23.42 | 2) Almos Petho Sr 46.15 (22.73) | 3) Ian Venegas Fiedler Fr 1:31.90 (22.50) | 4) Kristian Loza Jr | |
| 12 Rio Mesa | | 1:31.77 | 1:32.01 | 14 |
| 1) Jaiden Monroe Sr 21.76 | 2) Parker Steen Jr 45.08 (23.32) | 3) Camilo Solis Jr 1:32.01 (23.06) | 4) Lucas Cornejo Jr | |
| 13 Centennial-Corona | | 1:32.33 | 1:32.10 | 12 |
| 1) Giovanni Corsey Jr 23.51 | 2) Alec Anson Chang Jr 45.60 (22.09) | 3) Ed Espinoza Sr 1:32.10 (22.98) | 4) Gavin Giguere Jr | |
| 14 King, Martin Luther | | 1:31.31 | 1:32.18 | 10 |
| 1) Pierce Stoeber Jr 23.70 | 2) Troy Newlin So 46.26 (22.56) | 3) Ian Howard Sr 1:32.18 (22.73) | 4) Gavin Starling So | |
| 15 Burroughs-Burbank | | 1:32.19 | 1:32.77 | 8 |
| 1) Ryan Lee Sr 21.67 | 2) Harrison Siegel Jr 45.19 (23.52) | 3) Liam Wamester So 1:32.77 (23.31) | 4) Ian Duffield Jr | |
| 16 Crespi | | 1:33.58 | 1:34.18 | 6 |
| 1) Enzo D'Este Jr 23.51 | 2) Maksim Krishtall Jr 47.47 (23.96) | 3) Nathaniel Davis Sr 1:34.18 (22.36) | 4) Aidan Whitney Sr | |
| 17 Great Oak | | 1:31.05 | 1:35.50 | 4 |
| 1) Simon Bricker Sr 23.55 | 2) Ronan Whitmore So 47.68 (24.13) | 3) Riley Whitmore Sr 1:35.50 (23.90) | 4) Vincent Barrett Sr | |
| 18 Fullerton | | 1:33.67 | 1:36.65 | 2 |
| 1) Cole Chang Sr 23.92 | 2) Ryan Verity Jr 48.75 (24.83) | 3) Justin Pearson Fr 1:36.65 (23.37) | 4) Christian Lawson Sr | |

Event 19 Girls 100 Yard Backstroke Varsity

| Name | Yr School | Prelim Time | Finals Time | Points |
|---------------------|--------------------------|-------------|-------------|--------|
| A - Final | | | | |
| 1 Grace Wharton | Sr El Modena | 56.10 | 55.13 | 22 |
| 26.90 | 55.13 (28.23) | | | |
| 2 Kayla Thompson | 00 South Torrance | 56.92 | 56.67 | 19 |
| 27.30 | 56.67 (29.37) | | | |
| 3 Bethany Burga | Jr Quartz Hill | 57.99 | 57.39 | 18 |
| 27.83 | 57.39 (29.56) | | | |
| 4 Jaydah Godbolt | So Hemet | 57.23 | 58.02 | 17 |
| 27.81 | 58.02 (30.21) | | | |
| 5 Morgan Carles | Jr Ocean View | 59.23 | 59.18 | 16 |
| 28.74 | 59.18 (30.44) | | | |
| 6 Caroline Bi | So Oak Park | 58.84 | 59.31 | 15 |
| 28.38 | 59.31 (30.93) | | | |
| 7 Madeline Yu | Jr Canyon-Canyon Country | 1:01.70 | 1:01.02 | 14 |
| 29.71 | 1:01.02 (31.31) | | | |
| 8 Elizabeth Lee | Fr Oxford Academy | 1:03.00 | 1:01.87 | 13 |
| 29.97 | 1:01.87 (31.90) | | | |
| 9 Camilla Guillermo | Jr Burroughs-Burbank | 1:02.90 | 1:03.62 | 12 |
| 31.06 | 1:03.62 (32.56) | | | |
| B - Final | | | | |
| 10 Madeline Stagg | Jr Sage Hill | 1:03.15 | 1:01.47 | 10 |
| 30.34 | 1:01.47 (31.13) | | | |
| 11 Ruth Harkins | Sr Crean Lutheran | 1:04.92 | 1:02.90 | 8 |
| 30.25 | 1:02.90 (32.65) | | | |
| 12 Audrey Clock | Sr Cypress | 1:03.74 | 1:04.14 | 7 |
| 30.60 | 1:04.14 (33.54) | | | |

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Results - D3 Swimming Finals

B - Final ... (Event 19 Girls 100 Yard Backstroke Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|---------------------|----|-------------------------|-------------|-------------|--------|
| 13 Autumn Moya | Jr | Corona | 1:04.79 | 1:04.68 | 6 |
| 31.59 | | 1:04.68 (33.09) | | | |
| 14 Braelynn Davis | So | Chaparral | 1:04.85 | 1:04.71 | 5 |
| 30.84 | | 1:04.71 (33.87) | | | |
| 15 Riley Brunett | So | Palm Desert | 1:04.86 | 1:05.21 | 4 |
| 31.70 | | 1:05.21 (33.51) | | | |
| 16 Julia Glukhovsky | Sr | Louisville | 1:04.22 | 1:05.66 | 3 |
| 30.67 | | 1:05.66 (34.99) | | | |
| 17 Magnolia Ahking | Fr | Quartz Hill | 1:05.31 | 1:06.10 | 2 |
| 31.54 | | 1:06.10 (34.56) | | | |
| 18 Alexa Grant | So | Archer School for Girls | 1:05.71 | 1:08.42 | 1 |
| 32.18 | | 1:08.42 (36.24) | | | |

Event 20 Boys 100 Yard Backstroke Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-----------------------|----|-------------------|-------------|-------------|--------|
| A - Final | | | | | |
| 1 Nathan Kim | Sr | St. Francis | 49.62 | 48.64 | 22 |
| 23.55 | | 48.64 (25.09) | | | |
| 2 Jack O'Shaughnessy | Sr | Bishop Montgomery | 49.55 | 48.85 | 19 |
| 23.68 | | 48.85 (25.17) | | | |
| 3 Jaiden Monroe | Sr | Rio Mesa | 51.39 | 51.01 | 18 |
| 24.84 | | 51.01 (26.17) | | | |
| 4 Nikita Cutidioc | Jr | Alemany | 54.89 | 52.76 | 17 |
| 24.92 | | 52.76 (27.84) | | | |
| 5 Lincoln Jones | Jr | La Mirada | 53.40 | 53.75 | 16 |
| 26.08 | | 53.75 (27.67) | | | |
| 6 Ethan Soni | Jr | Hart | 54.83 | 53.78 | 15 |
| 26.13 | | 53.78 (27.65) | | | |
| 7 Flynn VanAuker | Fr | Nordhoff | 54.79 | 54.78 | 14 |
| 26.74 | | 54.78 (28.04) | | | |
| 8 Jack Reardon | Jr | Xavier Prep | 55.43 | 55.63 | 13 |
| 26.82 | | 55.63 (28.81) | | | |
| 9 Alexander Hernandez | Fr | Great Oak | 55.20 | 56.34 | 12 |
| 27.75 | | 56.34 (28.59) | | | |
| B - Final | | | | | |
| 10 Xander Martin | So | Quartz Hill | 56.94 | 56.06 | 10 |
| 26.84 | | 56.06 (29.22) | | | |
| 11 Marcos Cordero | Jr | Great Oak | 57.11 | 56.49 | 8 |
| 27.19 | | 56.49 (29.30) | | | |
| 12 Lucas Teeter | Jr | Citrus Valley | 57.41 | 56.59 | 7 |
| 26.79 | | 56.59 (29.80) | | | |
| 13 Thomas Romesser | So | Bishop Montgomery | 56.79 | 56.87 | 6 |
| 27.94 | | 56.87 (28.93) | | | |
| 14 Josiah Hansen | Fr | Cate | 56.49 | 56.89 | 5 |
| 27.15 | | 56.89 (29.74) | | | |
| 15 Michael Ramirez | Sr | Buena | 57.41 | 57.65 | 4 |
| 27.43 | | 57.65 (30.22) | | | |
| 16 Ben White | Jr | Cate | 57.72 | 57.79 | 3 |
| 28.38 | | 57.79 (29.41) | | | |
| 17 Kristian Loza | Jr | Quartz Hill | 58.01 | 57.80 | 2 |
| 27.36 | | 57.80 (30.44) | | | |
| 18 Jacob Bradbury | Jr | Beaumont | 57.81 | 57.97 | 1 |
| 27.60 | | 57.97 (30.37) | | | |

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2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Results - D3 Swimming Finals

Event 21 Girls 100 Yard Breaststroke Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|----------------------|----|----------------------|-----------------|-------------|--------|
| A - Final | | | | | |
| 1 Melanie Pang | Fr | Costa Mesa | 1:07.78 | 1:07.19 | 22 |
| 31.41 | | | 1:07.19 (35.78) | | |
| 2 Ryann Priest | Jr | Crean Lutheran | 1:08.57 | 1:08.29 | 19 |
| 31.98 | | | 1:08.29 (36.31) | | |
| 3 Faith Marshall | Jr | Royal | 1:09.19 | 1:08.58 | 18 |
| 32.14 | | | 1:08.58 (36.44) | | |
| 4 Chloe Rivers | So | Temescal Canyon | 1:07.19 | 1:09.02 | 17 |
| 31.91 | | | 1:09.02 (37.11) | | |
| 5 Amelie Pinkernell | Sr | Nordhoff | 1:10.08 | 1:09.76 | 16 |
| 32.21 | | | 1:09.76 (37.55) | | |
| 6 Teagen Bivens | Fr | Western Christian | 1:09.23 | 1:10.56 | 15 |
| 32.54 | | | 1:10.56 (38.02) | | |
| 7 Lily Surjadinata | Sr | El Dorado | 1:10.35 | 1:10.77 | 14 |
| 32.97 | | | 1:10.77 (37.80) | | |
| 8 Kianna Thai | Jr | Gabrielino | 1:10.94 | 1:10.87 | 13 |
| 33.19 | | | 1:10.87 (37.68) | | |
| 9 Abby Guevara | 00 | Fullerton | 1:11.44 | 1:12.61 | 12 |
| 33.82 | | | 1:12.61 (38.79) | | |
| B - Final | | | | | |
| 10 Audrey Lee | So | Rancho Cucamonga | 1:11.92 | 1:11.00 | 10 |
| 32.98 | | | 1:11.00 (38.02) | | |
| 11 Ashlyn Allen | Jr | Redlands East Valley | 1:11.54 | 1:11.37 | 8 |
| 33.53 | | | 1:11.37 (37.84) | | |
| 12 Linden Wong | Jr | Brentwood | 1:11.86 | 1:11.74 | 7 |
| 33.58 | | | 1:11.74 (38.16) | | |
| 13 Olivia DeCierdo | Jr | Buena | 1:13.14 | 1:11.78 | 6 |
| 33.08 | | | 1:11.78 (38.70) | | |
| 14 Lily Guevara | Jr | Fullerton | 1:11.75 | 1:11.89 | 5 |
| 33.80 | | | 1:11.89 (38.09) | | |
| 15 Anya Juliano | Fr | Quartz Hill | 1:13.02 | 1:12.13 | 4 |
| 32.99 | | | 1:12.13 (39.14) | | |
| 16 Krista Caballeros | Sr | Maranatha | 1:12.43 | 1:12.19 | 3 |
| 33.44 | | | 1:12.19 (38.75) | | |
| 17 Ysabelle Loreno | 00 | Palm Desert | 1:12.64 | 1:12.69 | 2 |
| 34.30 | | | 1:12.69 (38.39) | | |
| 18 Ceylon Zappa | So | Malibu | 1:13.19 | 1:13.51 | 1 |
| 35.72 | | | 1:13.51 (37.79) | | |

Event 22 Boys 100 Yard Breaststroke Varsity

| Name | Yr | School | Prelim Time | Finals Time | Points |
|------------------|----|-----------------|---------------|-------------|--------|
| A - Final | | | | | |
| 1 Alex Thornton | Jr | Peninsula | 56.24 | 56.73 | 22 |
| 26.95 | | | 56.73 (29.78) | | |
| 2 Jaydan Chau | Sr | Covina | 56.27 | 57.49 | 19 |
| 26.70 | | | 57.49 (30.79) | | |
| 3 Henry Yang | Fr | Flintridge Prep | 59.30 | 57.56 | 18 |
| 27.08 | | | 57.56 (30.48) | | |
| 4 Conner Alvarez | So | Quartz Hill | 57.86 | 57.75 | 17 |
| 26.85 | | | 57.75 (30.90) | | |
| 5 Jake Hirshberg | Sr | Crossroads | 58.11 | 58.95 | 16 |
| 27.85 | | | 58.95 (31.10) | | |

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Results - D3 Swimming Finals

A - Final ... (Event 22 Boys 100 Yard Breaststroke Varsity)

| Name | Yr | School | Prelim Time | Finals Time | Points |
|-------------------|----|-----------------|-------------|-------------|--------|
| 6 Bryce Hitter | Sr | Citrus Valley | 58.99 | 59.06 | 15 |
| 27.95 | | 59.06 (31.11) | | | |
| 7 Ian Kim | So | Cypress | 58.34 | 59.24 | 14 |
| 27.39 | | 59.24 (31.85) | | | |
| 8 Luke Haas | So | Sierra Canyon | 59.28 | 1:00.07 | 13 |
| 28.30 | | 1:00.07 (31.77) | | | |
| 9 Phin Stephenson | Jr | Cate | 58.99 | 1:00.12 | 12 |
| 27.40 | | 1:00.12 (32.72) | | | |

B - Final

| | | | | | |
|-------------------------|----|---------------------|---------|---------|----|
| 10 Christopher Delacruz | Fr | Peninsula | 59.60 | 58.39 | 10 |
| 27.51 | | 58.39 (30.88) | | | |
| 11 David Toschak | Sr | Chaparral | 59.98 | 58.72 | 8 |
| 27.55 | | 58.72 (31.17) | | | |
| 12 Liam Kaas | Sr | Liberty High School | 1:00.80 | 59.65 | 7 |
| 27.79 | | 59.65 (31.86) | | | |
| 13 Cole Chang | Sr | Fullerton | 1:00.37 | 59.75 | 6 |
| 27.87 | | 59.75 (31.88) | | | |
| 14 Ethan Yun | Sr | Gabrielino | 1:00.19 | 1:00.01 | 5 |
| 28.28 | | 1:00.01 (31.73) | | | |
| 15 Aaron Mackinnon | Sr | Garden Grove | 59.96 | 1:00.11 | 4 |
| 28.27 | | 1:00.11 (31.84) | | | |
| 16 Benjamin McSorley | Sr | Nordhoff | 59.65 | 1:00.20 | 3 |
| 27.86 | | 1:00.20 (32.34) | | | |
| 17 Daniel Oroszlan | Sr | Calabasas | 59.68 | 1:01.13 | 2 |
| 28.40 | | 1:01.13 (32.73) | | | |
| 18 Devon Liang | Fr | Cate | 1:01.13 | 1:01.51 | 1 |
| 28.36 | | 1:01.51 (33.15) | | | |

Event 23 Girls 400 Yard Freestyle Relay Varsity

| Team | Relay | Prelim Time | Finals Time | Points |
|---------------------------|------------------------|-----------------------|----------------------|--------|
| 1 Quartz Hill | | 3:41.58 | 3:40.57 | 44 |
| 1) Bethany Burga Jr | 2) Isabelle Drossel Sr | 3) Magnolia Ahking Fr | 4) Bailey Nickols Fr | |
| 26.02 | 53.85 (53.85) | 1:20.25 (26.40) | 1:50.37 (56.52) | |
| 2:17.05 (26.68) | 2:47.11 (56.74) | 3:12.23 (25.12) | 3:40.57 (53.46) | |
| 2 Archer School for Girls | | 3:47.07 | 3:47.65 | 38 |
| 1) Lacey Thompson Sr | 2) Meredith Ho So | 3) Alexa Grant So | 4) Amelia Hines Sr | |
| 26.34 | 55.95 (55.95) | 1:24.23 (28.28) | 1:55.22 (59.27) | |
| 2:22.61 (27.39) | 2:55.24 (1:00.02) | 3:20.69 (25.45) | 3:47.65 (52.41) | |
| 3 Buena | | 3:49.37 | 3:47.73 | 36 |
| 1) Addison Bruno So | 2) Olivia DeCierdo Jr | 3) Kendall Nagaoka Sr | 4) Maren Bursek Fr | |
| 26.74 | 56.16 (56.16) | 1:23.79 (27.63) | 1:54.26 (58.10) | |
| 2:22.61 (28.35) | 2:51.98 (57.72) | 3:19.08 (27.10) | 3:47.73 (55.75) | |
| 4 San Dimas | | 3:52.56 | 3:50.20 | 34 |
| 1) Isabella Marroquine So | 2) Madison Coss Sr | 3) Emily Robertson Jr | 4) Carolyn Kao Sr | |
| 28.89 | 1:02.23 (1:02.23) | 1:30.57 (28.34) | 2:02.29 (1:00.06) | |
| 2:28.74 (26.45) | 2:57.92 (55.63) | 3:22.76 (24.84) | 3:50.20 (52.28) | |
| 5 Sage Hill | | 3:52.80 | 3:50.42 | 32 |
| 1) Vivi Ta So | 2) Annika Shah So | 3) Grace Yan Jr | 4) Madeline Stagg Jr | |
| 27.31 | 56.49 (56.49) | 1:24.79 (28.30) | 1:56.50 (1:00.01) | |
| 2:23.96 (27.46) | 2:55.63 (59.13) | 3:22.04 (26.41) | 3:50.42 (54.79) | |

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Results - D3 Swimming Finals

A - Final ... (Event 23 Girls 400 Yard Freestyle Relay Varsity)

| Team | Relay | | | Prelim Time | Finals Time | Points |
|-------------------------|-------------------------|-------------------------|--------------------------|--------------------|--------------------|---------------|
| 6 South Torrance | | | | 3:52.19 | 3:50.57 | 30 |
| 1) Kayla Thompson 00 | 2) Jasmine Eskander Fr | 3) Kaithlen Capili Jr | 4) Kalona Kok Jr | | | |
| 25.93 | 53.34 (53.34) | 1:21.90 (28.56) | 1:53.35 (1:00.01) | | | |
| 2:22.11 (28.76) | 2:54.64 (1:01.29) | 3:21.21 (26.57) | 3:50.57 (55.93) | | | |
| 7 Cypress | | | | 3:52.86 | 3:52.05 | 28 |
| 1) Sophia Novak Fr | 2) Allie Jones Sr | 3) Sarah Vaca Sr | 4) Audrey Clock Sr | | | |
| 27.72 | 58.18 (58.18) | 1:25.89 (27.71) | 1:57.15 (58.97) | | | |
| 2:25.16 (28.01) | 2:55.96 (58.81) | 3:22.54 (26.58) | 3:52.05 (56.09) | | | |
| 8 Marymount | | | | 3:49.16 | 3:52.85 | 26 |
| 1) Savannah Barrack Fr | 2) Talia Lutz Sr | 3) Frances Lawton So | 4) Catherine Bingaman So | | | |
| 27.90 | 59.13 (59.13) | 1:27.36 (28.23) | 1:58.93 (59.80) | | | |
| 2:26.73 (27.80) | 2:57.48 (58.55) | 3:23.83 (26.35) | 3:52.85 (55.37) | | | |
| 9 Burroughs-Burbank | | | | 3:53.98 | 3:54.23 | 24 |
| 1) Abigail Chatalyan Jr | 2) Lauren Chaparro So | 3) Anastasia Zubkoff Sr | 4) Camilla Guillermo Jr | | | |
| 26.82 | 55.06 (55.06) | 1:23.80 (28.74) | 1:59.62 (1:04.56) | | | |
| 2:27.63 (28.01) | 2:58.86 (59.24) | 3:25.40 (26.54) | 3:54.23 (55.37) | | | |
| B - Final | | | | | | |
| 10 Xavier Prep | | | | 3:56.49 | 3:51.69 | 20 |
| 1) Niamh Cooper Sr | 2) Daniella Campa Sr | 3) Olivia Kim Sr | 4) Ava Otteson So | | | |
| 28.05 | 59.29 (59.29) | 1:27.67 (28.38) | 1:59.75 (1:00.46) | | | |
| 2:26.90 (27.15) | 2:59.45 (59.70) | 3:24.98 (25.53) | 3:51.69 (52.24) | | | |
| 11 Costa Mesa | | | | 3:55.33 | 3:53.32 | 16 |
| 1) Chloe Hills Fr | 2) Chloe Wool-Smith Fr | 3) Kennedy Walker Sr | 4) Addie Juelfs Sr | | | |
| 27.90 | 58.15 (58.15) | 1:25.71 (27.56) | 1:56.02 (57.87) | | | |
| 2:24.16 (28.14) | 2:54.89 (58.87) | 3:22.33 (27.44) | 3:53.32 (58.43) | | | |
| 12 Hemet | | | | 3:54.62 | 3:54.70 | 14 |
| 1) Jaydah Godbolt So | 2) Zoe Jennings Sr | 3) Alexis Rackley Jr | 4) Bouquet Vinyard Jr | | | |
| 25.43 | 53.95 (53.95) | 1:22.64 (28.69) | 1:53.36 (59.41) | | | |
| 2:24.10 (30.74) | 2:56.78 (1:03.42) | 3:24.37 (27.59) | 3:54.70 (57.92) | | | |
| 13 Crean Lutheran | | | | 3:55.86 | 3:55.16 | 12 |
| 1) Genevieve Lackna Fr | 2) Catherine Holmes Jr | 3) Kylie Caston So | 4) Ruth Harkins Sr | | | |
| 27.35 | 57.34 (57.34) | 1:25.86 (28.52) | 1:57.24 (59.90) | | | |
| 2:25.92 (28.68) | 2:57.24 (1:00.00) | 3:25.35 (28.11) | 3:55.16 (57.92) | | | |
| 14 Thousand Oaks | | | | 3:55.47 | 3:55.79 | 10 |
| 1) Zara Dragoi So | 2) Maya Campo Sr | 3) Kira Jones Fr | 4) Hanna Denson Sr | | | |
| 26.69 | 56.89 (56.89) | 1:24.66 (27.77) | 1:56.07 (59.18) | | | |
| 2:24.01 (27.94) | 2:55.91 (59.84) | 3:23.95 (28.04) | 3:55.79 (59.88) | | | |
| 15 Cate | | | | 3:56.78 | 3:56.29 | 8 |
| 1) Jen Won So | 2) Madeleine Kollock Fr | 3) Makayla Niu Fr | 4) Stella Rogers Jr | | | |
| 27.33 | 57.62 (57.62) | 1:25.64 (28.02) | 1:56.58 (58.96) | | | |
| 2:25.93 (29.35) | 2:58.74 (1:02.16) | 3:25.82 (27.08) | 3:56.29 (57.55) | | | |
| 16 Webb | | | | 3:57.36 | 3:57.27 | 6 |
| 1) Maya Chin So | 2) Annie Han Jr | 3) Kate Alvarez Jr | 4) Emily Li Sr | | | |
| 26.92 | 56.30 (56.30) | 1:25.17 (28.87) | 1:57.24 (1:00.94) | | | |
| 2:25.53 (28.29) | 2:57.43 (1:00.19) | 3:25.47 (28.04) | 3:57.27 (59.84) | | | |
| 17 Nordhoff | | | | 3:55.38 | 3:58.21 | 4 |
| 1) Amelie Pinkernell Sr | 2) Avery Harris Sr | 3) Kirra Fink Jr | 4) Melina Seider So | | | |
| 27.32 | 56.58 (56.58) | 1:25.72 (29.14) | 1:59.40 (1:02.82) | | | |
| 2:28.74 (29.34) | 3:01.34 (1:01.94) | 3:28.33 (26.99) | 3:58.21 (56.87) | | | |
| 18 Temescal Canyon | | | | 3:57.63 | 4:01.05 | 2 |
| 1) Ashley Ratoi Sr | 2) Hayley Shore Jr | 3) Gianna Almeda Jr | 4) Chloe Rivers So | | | |
| 28.00 | 57.84 (57.84) | 1:26.16 (28.32) | 1:58.58 (1:00.74) | | | |
| 2:28.41 (29.83) | 3:01.64 (1:03.06) | 3:29.33 (27.69) | 4:01.05 (59.41) | | | |

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Results - D3 Swimming Finals

Event 24 Boys 400 Yard Freestyle Relay Varsity

| Team | Relay | Prelim Time | Finals Time | Points |
|-------------------------|-----------------------|----------------------------|-----------------------------|---------------|
| A - Final | | | | |
| 1 Oak Park | | 3:16.77 | 3:12.80 | 44 |
| 1) Pablo Ingrum Fr | 2) March Yuan Sr | 3) Hunter Glass Sr | 4) Elliott Drottter So | |
| 23.53 | 48.65 (48.65) | 1:12.14 (23.49) | 1:36.93 (48.28) | |
| 2:00.01 (23.08) | 2:26.43 (49.50) | 2:48.34 (21.91) | 3:12.80 (46.37) | |
| 2 Flintridge Prep | | 3:15.34 | 3:13.20 | 38 |
| 1) Athan Boutakidis Sr | 2) Isaac Jung So | 3) Ridley Tolleson Jr | 4) Henry Yang Fr | |
| 22.73 | 48.06 (48.06) | 1:11.23 (23.17) | 1:36.52 (48.46) | |
| 1:59.94 (23.42) | 2:26.07 (49.55) | 2:48.58 (22.51) | 3:13.20 (47.13) | |
| 3 Peninsula | | 3:17.69 | 3:17.13 | 36 |
| 1) Jack Rodenkirch Fr | 2) Antonio Quiroz Jr | 3) Christopher Delacruz Fr | 4) Alex Thornton Jr | |
| 23.78 | 49.94 (49.94) | 1:13.71 (23.77) | 1:39.38 (49.44) | |
| 2:03.43 (24.05) | 2:30.73 (51.35) | 2:52.59 (21.86) | 3:17.13 (46.40) | |
| 4 Great Oak | | 3:17.12 | 3:17.21 | 34 |
| 1) Marcos Cordero Jr | 2) Teagan Arnold Sr | 3) Simon Bricker Sr | 4) Zachary Shoaf Jr | |
| 23.73 | 49.85 (49.85) | 1:13.09 (23.24) | 1:38.97 (49.12) | |
| 2:02.82 (23.85) | 2:29.19 (50.22) | 2:51.92 (22.73) | 3:17.21 (48.02) | |
| 5 Bishop Montgomery | | 3:20.57 | 3:19.03 | 32 |
| 1) Eric Zhou Sr | 2) Matthan Lu Jr | 3) Thomas Romesser So | 4) Jack O'Shaughnessy Sr | |
| 24.42 | 50.54 (50.54) | 1:15.64 (25.10) | 1:43.10 (52.56) | |
| 2:06.78 (23.68) | 2:33.35 (50.25) | 2:55.18 (21.83) | 3:19.03 (45.68) | |
| 6 Cate | | 3:21.16 | 3:19.76 | 30 |
| 1) Joba Samson Jr | 2) Wil Rivera Fr | 3) Ben White Jr | 4) Zach White Sr | |
| 23.44 | 49.58 (49.58) | 1:13.82 (24.24) | 1:40.16 (50.58) | |
| 2:04.01 (23.85) | 2:30.47 (50.31) | 2:53.95 (23.48) | 3:19.76 (49.29) | |
| 7 Buena | | 3:18.76 | 3:20.69 | 28 |
| 1) Wyatt Munger So | 2) Nate Johnson So | 3) Brayden Black Sr | 4) Jack Pointner So | |
| 23.93 | 50.47 (50.47) | 1:13.47 (23.00) | 1:39.24 (48.77) | |
| 2:04.44 (25.20) | 2:31.50 (52.26) | 2:54.72 (23.22) | 3:20.69 (49.19) | |
| 8 Quartz Hill | | 3:20.17 | 3:21.89 | 26 |
| 1) Conner Alvarez So | 2) Almos Petho Sr | 3) Ian Venegas Fiedler Fr | 4) Kristian Loza Jr | |
| 24.06 | 50.23 (50.23) | 1:14.01 (23.78) | 1:40.33 (50.10) | |
| 2:05.28 (24.95) | 2:32.57 (52.24) | 2:56.18 (23.61) | 3:21.89 (49.32) | |
| 9 Bonita | | 3:18.09 | 3:23.44 | 24 |
| 1) Max Distaso Sr | 2) Dylan Vegas Jr | 3) Trevor Ngo Sr | 4) Jake Carlson Sr | |
| 23.09 | 49.19 (49.19) | 1:13.64 (24.45) | 1:40.78 (51.59) | |
| 2:06.16 (25.38) | 2:34.18 (53.40) | 2:57.25 (23.07) | 3:23.44 (49.26) | |
| B - Final | | | | |
| 10 Beverly Hills | | 3:21.56 | 3:19.69 | 20 |
| 1) Beckett Page Jr | 2) Gabby Grafstein Sr | 3) Oliver Shemtov Jr | 4) Luca Miyake Sr | |
| 23.05 | 48.01 (48.01) | 1:11.42 (23.41) | 1:37.49 (49.48) | |
| 2:02.37 (24.88) | 2:31.01 (53.52) | 2:54.14 (23.13) | 3:19.69 (48.68) | |
| 11 Redlands East Valley | | 3:23.23 | 3:21.45 | 16 |
| 1) William Dahnke Fr | 2) Jaxon Nimako So | 3) Rithvik Ravishankar So | 4) Jeremiah Ireland Sr | |
| 24.03 | 50.64 (50.64) | 1:14.02 (23.38) | 1:40.97 (50.33) | |
| 2:05.01 (24.04) | 2:32.47 (51.50) | 2:56.05 (23.58) | 3:21.45 (48.98) | |
| 12 Crossroads | | 3:23.26 | 3:22.59 | 14 |
| 1) Kai Pringle Sr | 2) Benjamin Klyce Sr | 3) Jake Hirshberg Sr | 4) Miles Blackson-Dunbar So | |
| 24.20 | 50.24 (50.24) | 1:16.76 (26.52) | 1:46.13 (55.89) | |
| 2:10.01 (23.88) | 2:36.51 (50.38) | 2:58.69 (22.18) | 3:22.59 (46.08) | |

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B - Final ... (Event 24 Boys 400 Yard Freestyle Relay Varsity)

| Team | Relay | | Prelim Time | Finals Time | Points |
|-------------------------|-----------------------|------------------------|------------------------|-------------|--------|
| 13 Citrus Valley | | | 3:25.07 | 3:22.85 | 12 |
| 1) Jack Simonton Jr | 2) David Thomas So | 3) Lucas Teeter Jr | 4) Bryce Hitter Sr | | |
| 23.83 | 50.71 (50.71) | 1:15.26 (24.55) | 1:42.71 (52.00) | | |
| 2:07.13 (24.42) | 2:34.55 (51.84) | 2:57.67 (23.12) | 3:22.85 (48.30) | | |
| 14 Beaumont | | | 3:24.93 | 3:23.28 | 10 |
| 1) Riley Beaucaire Sr | 2) Jacob Bradbury Jr | 3) Xavier Potencion Jr | 4) Yaroslav Puryshv Sr | | |
| 24.19 | 51.27 (51.27) | 1:15.69 (24.42) | 1:43.61 (52.34) | | |
| 2:08.14 (24.53) | 2:35.80 (52.19) | 2:58.30 (22.50) | 3:23.28 (47.48) | | |
| 15 St. John Bosco | | | 3:24.70 | 3:23.89 | 8 |
| 1) Christian Salinas Sr | 2) Nathaniel Brake So | 3) Marco Uribe Jr | 4) Julian Almanza Jr | | |
| 24.68 | 52.17 (52.17) | 1:16.43 (24.26) | 1:43.48 (51.31) | | |
| 2:07.19 (23.71) | 2:33.71 (50.23) | 2:57.42 (23.71) | 3:23.89 (50.18) | | |
| 16 Garden Grove | | | 3:25.47 | 3:24.28 | 6 |
| 1) Aaron Mackinnon Sr | 2) Jason Le Sr | 3) Hieu Trinh So | 4) Phu Trinh Sr | | |
| 24.31 | 50.48 (50.48) | 1:15.42 (24.94) | 1:43.55 (53.07) | | |
| 2:07.30 (23.75) | 2:34.23 (50.68) | 2:57.50 (23.27) | 3:24.28 (50.05) | | |
| 17 Burroughs-Burbank | | | 3:24.61 | 3:24.43 | 4 |
| 1) Ryan Lee Sr | 2) Harrison Siegel Jr | 3) Ranger Timman Sr | 4) Ian Duffield Jr | | |
| 22.38 | 46.54 (46.54) | 1:11.13 (24.59) | 1:38.70 (52.16) | | |
| 2:03.36 (24.66) | 2:32.65 (53.95) | 2:56.69 (24.04) | 3:24.43 (51.78) | | |
| 18 La Mirada | | | 3:25.55 | 3:28.08 | 2 |
| 1) Lincoln Jones Jr | 2) Aidan Kim Jr | 3) Owen Droessler Sr | 4) Robert Rayfield Sr | | |
| 23.32 | 48.82 (48.82) | 1:04.23 (15.41) | 1:42.50 (53.68) | | |
| 2:08.73 (26.23) | 2:38.24 (55.74) | 3:01.77 (23.53) | 3:28.08 (49.84) | | |

Event 26 Boys 2x50 Yard Freestyle Relay Unified Varsity

| Team | Relay | Seed Time | Finals Time |
|-----------------------|--------------------|-----------|-------------|
| 1 La Quinta-La Quinta | | NT | 1:05.90 |
| 1) Charles Graves JR | 2) Jack Lindsay So | | |
| 41.18 | 1:05.90 (24.72) | | |
| 2 Muir | | NT | 1:07.93 |
| 29.54 | 1:07.93 (38.39) | | |

Event 28 Boys 50 Yard Freestyle Para/Inclusive Varsity

| Name | Yr | School | Seed Time | Finals Time |
|-------------------|----|---------------------|-----------|-------------|
| 1 Nicholas Tellez | SO | Muir | 38.90 | 37.52 |
| 2 Charles Graves | JR | La Quinta-La Quinta | 44.35 | 42.81 |
| 3 Latonio Miller | FR | Pasadena | 47.88 | 51.72 |

Event 30 Boys 100 Yard Freestyle Para/Inclusive Varsity

| Name | Yr | School | Seed Time | Finals Time |
|-------------------|-------------------|---------------------|-----------|-------------|
| 1 Nicholas Tellez | SO | Muir | 1:38.00 | 1:27.18 |
| 40.09 | 1:27.18 (47.09) | | | |
| 2 Charles Graves | JR | La Quinta-La Quinta | NT | 1:44.85 |
| 43.95 | 1:44.85 (1:00.90) | | | |

Scores - Women**Women - Varsity - Team Rankings - Through Event 32**

| | | | |
|------------------|-------|----------------------------|-----|
| 1. Quartz Hill | 181.5 | 2. Archer School for Girls | 154 |
| 3. Costa Mesa | 144.5 | 4. South Torrance | 144 |
| 5. St. Margarets | 139 | 6. Buena | 111 |
| 7. Sage Hill | 109 | 8. Fullerton | 105 |

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(Scores - Women)

| | | | |
|------------------------------|------|-------------------------|----|
| 9. Temecula Valley | 99 | 10. San Dimas | 92 |
| 11. Marymount | 90.5 | 12. Hemet | 83 |
| 13. Xavier Prep | 80 | 13. Burroughs-Burbank | 80 |
| 15. Canyon-Canyon Country | 79.5 | 16. Nordhoff | 66 |
| 17. Palm Desert | 63 | 18. Crean Lutheran | 59 |
| 19. Liberty High School | 51 | 20. Cypress | 49 |
| 21. Temescal Canyon | 47 | 21. Rancho Cucamonga | 47 |
| 23. El Modena | 44 | 24. Cate | 38 |
| 25. Foothill Technology | 36 | 26. Webb | 35 |
| 27. Oxford Academy | 34 | 28. Ocean View | 33 |
| 29. El Dorado | 31 | 30. Valley View | 28 |
| 31. Malibu | 25 | 31. Da Vinci Schools | 25 |
| 31. Oak Park | 25 | 34. Brentwood | 24 |
| 35. Murrieta Mesa | 23 | 35. Chaparral | 23 |
| 37. Castaic | 20 | 38. Corona | 19 |
| 38. Redlands East Valley | 19 | 40. Arrowhead Christian | 18 |
| 40. Royal | 18 | 42. Louisville | 17 |
| 42. Yorba Linda | 17 | 44. Glendale | 16 |
| 44. Immaculate Heart | 16 | 46. Western Christian | 15 |
| 47. Pacifica-Garden Grove | 14 | 47. La Habra | 14 |
| 49. Gabrielino | 13 | 50. North, JW | 12 |
| 51. Calvary Chapel-Santa Ana | 10 | 51. Thousand Oaks | 10 |
| 53. West Covina | 5 | 54. Westlake | 4 |
| 55. Maranatha | 3 | 56. Schurr | 1 |

Scores - Men

Men - Varsity - Team Rankings - Through Event 32

| | | | |
|-------------------------|------|--------------------------|-------|
| 1. Bonita | 171 | 2. Peninsula | 156 |
| 3. Flintridge Prep | 150 | 4. Oak Park | 145 |
| 5. Bishop Montgomery | 139 | 6. Cate | 135.5 |
| 7. Quartz Hill | 129 | 8. Nordhoff | 123 |
| 9. Beverly Hills | 119 | 10. Crossroads | 109 |
| 11. Chaparral | 107 | 12. Great Oak | 98.5 |
| 13. Buena | 90 | 14. St. Francis | 68 |
| 15. Citrus Valley | 64 | 16. Alemany | 57 |
| 16. Beaumont | 57 | 18. Redlands East Valley | 54 |
| 18. Cypress | 54 | 18. Rio Mesa | 54 |
| 18. Tustin | 54 | 22. La Mirada | 44.5 |
| 23. Gabrielino | 43 | 24. Burroughs-Burbank | 42 |
| 25. Yucaipa | 39 | 26. Covina | 37 |
| 27. Agoura | 36 | 27. El Modena | 36 |
| 29. Sierra Canyon | 34 | 30. Malibu | 27.5 |
| 31. Pasadena | 25 | 32. Garden Grove | 24 |
| 33. St. John Bosco | 21.5 | 34. Liberty High School | 20 |
| 35. Cabrillo-Long Beach | 18 | 36. Temescal Canyon | 17.5 |
| 37. Hart | 17 | 38. Fullerton | 16 |
| 38. Xavier Prep | 16 | 38. Whitney | 16 |

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(Scores - Men)

| | | | |
|-------------------------|-----|---------------------------|------|
| 41. Centennial-Corona | 12 | 42. Calabasas | 10.5 |
| 43. King, Martin Luther | 10 | 44. La Quinta-Westminster | 8 |
| 45. Whittier | 7.5 | 46. Palm Springs | 6 |
| 46. Crespi | 6 | 48. Brentwood | 5 |