

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Event 26 Boys 2x50 Yard Freestyle Relay Unified Varsity

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

5	La Quinta-LQ		NT
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Event 3 Girls 200 Yard Medley Relay Varsity

Div 3 Meet: 1:41.79 2014 Crean Lutheran

E Eastin, R Taylor, E Eastin, L Engel

NFHS Record: 1:36.98 2/11/2023 Carmel (IN)

B Berglund, M Sweeney, A Shackey, M Christman

State Auto: 1:46.89

State Con: 1:50.53

AA Auto: 1:44.27

AA Cons: 1:46.16

Lane	Team	Relay	Prelims
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Heat 1 Consolation Final

1	Chaparral		2:01.86
2	San Dimas		2:01.69
3	Rancho Cucamonga		2:01.12
4	Xavier Prep		2:00.67
5	El Dorado		2:00.50
6	Temescal Canyon		2:00.66
7	Liberty		2:00.95
8	Sage Hill		2:01.59
9	Cypress		2:01.70

Heat 2 Championship Final

1	Canyon-Canyon Co		2:00.49
2	Fullerton		1:58.60
3	Costa Mesa		1:58.02
4	Louisville		1:57.62
5	Quartz Hill		1:50.49
6	South Torrance		1:54.83
7	Crean Lutheran		1:57.89
8	Temecula Valley		1:58.44
9	Palm Desert		2:00.44

Alternates

1	Gabrielino		2:02.09
2	Westlake		2:02.56

Event 4 Boys 200 Yard Medley Relay Varsity

Div 3 Meet: 1:33.78 2008 Oaks Christian

C Baratte, N Koon, C Bloch, M Craft

NFHS Record: 1:26.88 2/26/2022 Carmel (IN)

S Sullivan, R Malicki, A Shackey, C Selby

State Auto: 1:34.50

State Con: 1:37.99

AA Auto: 1:32.76

AA Cons: 1:34.41

Lane	Team	Relay	Prelims
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Heat 1 Consolation Final

1	Redlands EV		1:45.05
2	Cypress		1:44.44
3	Garden Grove		1:43.95
4	Alemany		1:43.01
5	Gabrielino		1:42.77
6	Oak Park		1:42.78
7	Citrus Valley		1:43.28
8	SJ Bosco		1:44.12
9	La Quinta-Westmi		1:44.67

Heat 2 Championship Final

1	Chaparral		1:42.30
2	Bonita		1:41.35
3	Nordhoff		1:40.64
4	Cate		1:39.29
5	Peninsula		1:37.88
6	Quartz Hill		1:38.95
7	Crossroads		1:40.17
8	Bishop Montgomer		1:41.11
9	Beaumont		1:41.50

Alternates

1	South Pasadena		1:45.39
2	El Modena		1:45.62

Event 5 Girls 200 Yard Freestyle Varsity

Div 3 Meet: 1:47.48 2007 Emily Bibb

NFHS Record: 1:42.81 2008 Dagny Knutson

State Auto: 1:51.40

State Con: 1:54.10

AA Auto: 1:48.74

AA Cons: 1:50.65

Lane	Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Riley Brunett	So	Palm Desert	2:05.60
2	Lily Mastro	Fr	Pacifica-GG	2:05.22
3	Madelyn Krestul	So	Canyon-Canyon Co	2:04.77
4	Addison Schneider	00	Murrieta Mesa	2:02.64
5	Heidi Tufo	Sr	St. Margarets	2:00.70
6	Chloe Hills	Fr	Costa Mesa	2:02.58
7	Grace Asbury	Fr	Liberty	2:02.66
8	Ashley Ratoiu	Sr	Temescal Canyon	2:05.03
9	Kendall Nagaoka	Sr	Buena	2:05.42

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Heat 2 Championship Final (#5)

1	Maya Chin	So	Webb	1:59.63	_____
2	Melina Seider	So	Nordhoff	1:59.12	_____
3	Kayla Thompson	00	South Torrance	1:56.52	_____
4	Gwen Asbury	So	Liberty	1:55.65	_____
5	Ava Otteson	So	Xavier Prep	1:51.12	_____
6	Amelia Hines	Sr	Archer School fo	1:52.16	_____
7	Bethany Burga	Jr	Quartz Hill	1:55.68	_____
8	Abigail Chatalyan	Jr	Burr Bur	1:57.66	_____
9	Tallula Murphree	Jr	Malibu	1:59.29	_____

Alternates

1	Zoe Fairley	Fr	Westlake	2:05.94	_____
2	Zara Dragoi	So	Thousand Oaks	2:06.47	_____

Event 6 Boys 200 Yard Freestyle Varsity

Div 3 Meet: 1:36.45 5/1/2024 Quin Seider
NFHS Record: 1:32.68 11/4/2023 Kai Winkler
State Auto: 1:40.18
State Con: 1:42.59
AA Auto: 1:38.67
AA Cons: 1:40.06

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Nathan Weng	Sr	Gabrielino	1:52.17	_____
2	Joaquin Sugang	So	Calabasas	1:51.91	_____
3	Franco Lee	Sr	Peninsula	1:51.61	_____
4	Aaron Lee	Jr	Whitney	1:50.93	_____
5	Jeremiah Ireland	Sr	Redlands EV	1:49.67	_____
6	William Dahnke	Fr	Redlands EV	1:50.38	_____
7	Brendan Gray	Sr	Temescal Canyon	1:51.56	_____
8	Edmund Bui	Fr	El Modena	1:51.72	_____
9	Wil Rivera	Fr	Cate	1:52.07	_____

Heat 2 Championship Final

1	Isaac Jung	So	Flintridge Prep	1:49.27	_____
2	Eric Zhou	Sr	Bishop Montgomer	1:48.85	_____
3	Pablo Ingram	Fr	Oak Park	1:45.78	_____
4	Hunter Tamura	00	Yucaipa	1:44.92	_____
5	Quin Seider	Sr	Nordhoff	1:36.45	_____
6	Ryan Novak	Sr	Cypress	1:43.84	_____
7	Jake Carlson	Sr	Bonita	1:45.72	_____
8	Jack Pointner	So	Buena	1:48.14	_____
9	Thorson Pearson	Jr	Pasadena	1:49.19	_____

Alternates

1	Zach White	Sr	Cate	1:52.34	_____
2	Anthony Duenes	Jr	San Dimas	1:53.07	_____

Event 7 Girls 200 Yard IM Varsity

Div 3 Meet: 1:55.15 2013 Ella Eastin
NFHS Record: 1:53.38 5/13/2023 Teagan O'Dell
State Auto: 2:04.13
State Con: 2:07.99
AA Auto: 2:01.46
AA Cons: 2:04.01

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Ysabelle Loreno	00	Palm Desert	2:23.94	_____
2	Ashlyn Allen	Jr	Redlands EV	2:23.27	_____
3	Melanie Pang	Fr	Costa Mesa	2:21.84	_____
4	Caroline Bi	So	Oak Park	2:20.21	_____
5	Sydney Cruz	Fr	Fullerton	2:18.43	_____
6	Wendy Zeiss	Fr	Immaculate Heart	2:18.95	_____
7	Kelsey Flores	Fr	JW North	2:21.49	_____
8	Abby Guevara	00	Fullerton	2:22.24	_____
9	Clara Gerlach	Fr	South Torrance	2:23.35	_____

Heat 2 Championship Final

1	Kalona Kok	Jr	South Torrance	2:18.30	_____
2	Maya Cravens	So	Temecula Valley	2:17.36	_____
3	Lily Guevara	Jr	Fullerton	2:16.68	_____
4	Cynthia Hu	So	Foothill Tech	2:12.40	_____
5	Grace Wharton	Sr	El Modena	2:04.69	_____
6	Zoe Reynolds	Sr	St. Margarets	2:11.98	_____
7	Linden Wong	Jr	Brentwood	2:16.21	_____
8	Chloe Rivers	So	Temescal Canyon	2:17.25	_____
9	Delaney Cowan	Sr	Castaic	2:17.58	_____

Alternates

1	Angelica Limon	Sr	Schurr	2:24.16	_____
2	Leah Courtney	00	Murrieta Mesa	2:24.66	_____

Event 8 Boys 200 Yard IM Varsity

Div 3 Meet: 1:49.33 5/2/2019 Jason Schreiber
NFHS Record: 1:41.39 2011 David Nolan
State Auto: 1:51.56
State Con: 1:54.99
AA Auto: 1:49.50
AA Cons: 1:51.52

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Nolan Yokoyama	Fr	Hart	2:05.30	_____
2	Roger Chen	Fr	SJ Bosco	2:03.83	_____
3	Christopher Delacruz	Fr	Peninsula	2:03.21	_____
4	Jack Reardon	Jr	Xavier Prep	2:02.09	_____
5	Kevin Han	Fr	Peninsula	2:00.69	_____
6	Conner Alvarez	So	Quartz Hill	2:01.68	_____
7	Jake Hirshberg	Sr	Crossroads	2:02.93	_____
8	Cole Chang	Sr	Fullerton	2:03.60	_____
9	Ben White	Jr	Cate	2:04.06	_____

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Heat 2 Championship Final (#8)

1	Liam Kaas	Sr	Liberty	2:00.29	_____
2	March Yuan	Sr	Oak Park	1:59.54	_____
3	Nikita Cutidioc	Jr	Aleman	1:59.26	_____
4	Luke Haas	So	Sierra Canyon	1:57.52	_____
5	Jack O'Shaughnessy	Sr	Bishop Montgomer	1:50.75	_____
6	Lincoln Jones	Jr	La Mirada	1:53.91	_____
7	Bryce Hitter	Sr	Citrus Valley	1:58.52	_____
8	Henry Yang	Fr	Flintridge Prep	1:59.48	_____
9	Marshall Smith	Sr	Beverly Hills	1:59.94	_____

Alternates

1	Nathaniel Brake	So	SJ Bosco	2:05.31	_____
2	Phin Stephenson	Jr	Cate	2:05.82	_____

Event 9 Girls 50 Yard Freestyle Varsity

Div 3 Meet:	22.53	2013	Lindsey Engel
NFHS Record:	21.59	2/7/2020	Gretchen Walsh
State Auto:	23.70		
State Con:	24.77		
AA Auto:	23.08		
AA Cons:	23.50		

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Madeline Yu	Jr	Canyon-Canyon Co	26.16	_____
2	Kaitlin Craig	Sr	Valley View	25.96	_____
3	Nadia Frutkin	So	Palm Desert	25.82	_____
4	Vivi Ta	So	Sage Hill	25.73	_____
5	Juliette Early	So	Arr. Chr	25.65	_____
6	Amelie Pinkernell	Sr	Nordhoff	25.71	_____
7	Madison Dockery	00	Temecula Valley	25.79	_____
8	Madelyn Krestul	So	Canyon-Canyon Co	25.94	_____
9	Isabelle Drossel	Sr	Quartz Hill	26.10	_____

Heat 2 Championship Final

1	Camilla Guillermo	Jr	Burr Bur	25.54	_____
2	Karolina Sangasy	Fr	Costa Mesa	25.22	_____
3	Catherine Bingaman	So	Marymount	24.79	_____
4	Lacey Thompson	Sr	Archer School fo	24.48	_____
5	Jaydah Godbolt	So	Hemet	24.01	_____
6	Carolyn Kao	Sr	San Dimas	24.43	_____
7	Bailey Nickols	Fr	Quartz Hill	24.67	_____
8	Addison Bruno	So	Buena	24.95	_____
9	Maya Cravens	So	Temecula Valley	25.51	_____

Alternates

1	Teagen Bivens	Fr	Western Chr	26.17	_____
2	Natalia Ferrette	Sr	Chaparral	26.31	_____

Event 10 Boys 50 Yard Freestyle Varsity

Div 3 Meet:	19.43	2010	Vladimir Morozov
NFHS Record:	19.20	2/20/2021	Aiden Hayes
State Auto:	20.90		
State Con:	21.49		
AA Auto:	20.43		
AA Cons:	20.85		

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Jack Rodenkirch	Fr	Peninsula	22.43	_____
2	Daniel Oroszlan	Sr	Calabasas	22.41	_____
3	Ridley Tolleson	Jr	Flintridge Prep	22.37	_____
4	Aharon Villegas-Resend	Sr	Cabrillo(LB)	22.08	_____
5	Yaroslav Puryshhev	Sr	Beaumont	21.80	_____
6	Beckett Page	Jr	Beverly Hills	22.08	_____
7	Dylan Ranshaw	Sr	Chaparral	22.30	_____
8	Teagan Arnold	Sr	Great Oak	22.39	_____
9	Joba Samson	Jr	Cate	22.42	_____

Heat 2 Championship Final

1	Filip Kurial	Sr	Malibu	21.79	_____
2	Gio Demuro	Sr	Tustin	21.50	_____
3	Ryan Lee	Sr	Burr Bur	21.43	_____
4	David Mazyan	Jr	Agoura	20.99	_____
5	Jaydan Chau	Sr	Covina	20.68	_____
6	Miles Blackson-Dunbar	So	Crossroads	20.82	_____
7	Zachary Shoaf	Jr	Great Oak	21.35	_____
8	Max Distaso	Sr	Bonita	21.44	_____
9	Elliott Drottar	So	Oak Park	21.62	_____

Alternates

1	Henry Lawrence	Jr	Brentwood	22.55	_____
2	Jadon Rhee	Jr	Pacifica-GG	22.58	_____

Event 28 Boys 50 Yard Freestyle Para/Inclusive Varsity

Div 3 Meet:	19.43	2010	Vladimir Morozov
NFHS Record:	19.69	2002	Michael Cavic
AA Auto:	20.72	2016	
AA Cons:	21.04	2016	

Lane Name	Yr	School	Seed Time
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Heat 1 of 1 Finals

4	Latonio Miller	FR	Pasadena	47.88	_____
5	Nicholas Tellez	SO	Muir	38.90	_____
6	Charles Graves	JR	La Quinta-LQ	44.35	_____

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Event 11 Girls 100 Yard Butterfly Varsity

Div 3 Meet: 52.88 5/2/2019 Justina Kozan
NFHS Record: 49.24 2/10/2022 Claire Curzan
State Auto: 55.50
State Con: 57.40
AA Auto: 54.38
AA Cons: 55.48

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Jen Won	So	Cate	1:04.05	___
2	Destiny Moreno	Sr	Schurr	1:03.63	___
3	Ryann Priest	Jr	Crean Lutheran	1:02.85	___
4	Ruth Harkins	Sr	Crean Lutheran	1:02.32	___
5	Magnolia Ahking	Fr	Quartz Hill	1:02.15	___
6	Delaney Cowan	Sr	Castaic	1:02.18	___
7	Madison Dockery	00	Temecula Valley	1:02.41	___
8	Tanaz Engineer	Fr	Da Vinci	1:02.91	___
9	Grace McIntyre	Jr	Louisville	1:03.97	___

Heat 2 Championship Final

1	Emily Robertson	Jr	San Dimas	1:01.69	___
2	Lily Surjadinata	Sr	El Dorado	1:01.61	___
3	Vivi Ta	So	Sage Hill	1:00.72	___
4	Natalia Ferrette	Sr	Chaparral	59.92	___
5	Zoe Reynolds	Sr	St. Margarets	58.97	___
6	Abigail Chatalyan	Jr	Burr Bur	59.24	___
7	Kalona Kok	Jr	South Torrance	1:00.32	___
8	Heidi Tufo	Sr	St. Margarets	1:01.27	___
9	Elizabeth Lee	Fr	Oxford	1:01.62	___

Alternates

1	Kendall Nagaoka	Sr	Buena	1:05.08	___
2	Jaden Loninia	Fr	Louisville	1:05.22	___

Event 12 Boys 100 Yard Butterfly Varsity

Div 3 Meet: 47.13 2002 Michael Cavic
NFHS Record: 44.97 2/25/2023 Scotty Buff
State Auto: 49.55
State Con: 51.15
AA Auto: 48.57
AA Cons: 49.69

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Joaquin Ortega	So	Hart	56.07	___
2	Aiden Goodall	Jr	Temescal Canyon	55.63	___
3	Edward Navarro	Jr	Whittier	55.31	___
4	Robert Rayfield	Sr	La Mirada	54.81	___
5	Marco Uribe	Jr	SJ Bosco	54.62	___
6	Xander Martin	So	Quartz Hill	54.80	___
7	Aidan Staton	Jr	Palm Springs	54.87	___
8	Ian Venegas Fiedler	Fr	Quartz Hill	55.40	___
9	Owen Bollert	Sr	St Francis	55.87	___

Heat 2 Championship Final

1	Mosheh Villegas-Resenc	Sr	Cabrillo(LB)	54.28	___
2	Nolan Wyser	Sr	El Modena	54.11	___
3	Alexander Hernandez	Fr	Great Oak	53.85	___
4	David Toschak	Sr	Chaparral	51.60	___
5	Alex Thornton	Jr	Peninsula	50.09	___
6	Jaiden Monroe	Sr	Rio Mesa	51.08	___
7	Isaac Jung	So	Flintridge Prep	53.67	___
8	Trevor Ngo	Sr	Bonita	53.94	___
9	Kaelan Grimaldo	Jr	Alemany	54.14	___

Alternates

1	Jeremy Araneta	Sr	Elsinore	56.07	___
2	Grant Judkins	Jr	South Pasadena	56.22	___

Event 13 Girls 100 Yard Freestyle Varsity

Div 3 Meet: 48.96 2013 Lindsey Engel
NFHS Record: 46.98 2/8/2020 Gretchen Walsh
State Auto: 51.48
State Con: 52.82
AA Auto: 50.15
AA Cons: 51.10

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Megan Medina	Jr	Rancho Cucamonga	58.30	___
2	Stella Rogers	Jr	Cate	57.99	___
3	Kaitlin Craig	Sr	Valley View	57.49	___
4	Isabelle Drossel	Sr	Quartz Hill	56.74	___
5	Juliette Early	So	Arr. Chr	56.03	___
6	Nadia Frutkin	So	Palm Desert	56.03	___
7	Sophia Novak	Fr	Cypress	57.38	___
8	Marisa Lemus	So	West Covina	57.85	___
9	Madeleine Kollock	Fr	Cate	58.24	___

Heat 2 Championship Final

1	Madeline Stagg	Jr	Sage Hill	55.37	___
2	Lacey Thompson	Sr	Archer School fo	55.02	___
3	Karolina Sangasy	Fr	Costa Mesa	54.38	___
4	Carolyn Kao	Sr	San Dimas	53.21	___
5	Bailey Nickols	Fr	Quartz Hill	52.70	___
6	Ava Otteson	So	Xavier Prep	52.72	___
7	Morgan Carles	Jr	Ocean View	53.38	___
8	Catherine Bingaman	So	Marymount	54.76	___
9	Addison Bruno	So	Buena	55.33	___

Alternates

1	Gabrielle Singer	Jr	Ocean View	58.39	___
2	Genevieve Lackna	Fr	Crean Lutheran	58.48	___

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Event 14 Boys 100 Yard Freestyle Varsity

Div 3 Meet: 43.44 2010 Vladimir Morozov
NFHS Record: 42.14 11/4/2023 Kai Winkler
State Auto: 46.05
State Con: 47.14
AA Auto: 44.83
AA Cons: 45.64

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Aaron Mackinnon	Sr	Garden Grove	50.11	___
2	Henry Lawrence	Jr	Brentwood	49.56	___
3	Zachary Shoaf	Jr	Great Oak	49.46	___
4	Thorson Pearson	Jr	Pasadena	49.32	___
5	Yaroslav Puryshv	Sr	Beaumont	49.08	___
6	Teagan Arnold	Sr	Great Oak	49.16	___
7	Jack Rodenkirch	Fr	Peninsula	49.42	___
8	Jack Pointner	So	Buena	49.53	___
9	William Dahnke	Fr	Redlands EV	49.97	___

Heat 2 Championship Final

1	Dylan Ranshaw	Sr	Chaparral	48.75	___
2	Gio Demuro	Sr	Tustin	48.02	___
3	Ryan Lee	Sr	Burr Bur	46.40	___
4	David Mazyan	Jr	Agoura	46.08	___
5	Quin Seider	Sr	Nordhoff	43.52	___
6	Nathan Kim	Sr	St Francis	45.05	___
7	Miles Blackson-Dunbar	So	Crossroads	46.28	___
8	Filip Kurial	Sr	Malibu	46.93	___
9	Elliott Drottar	So	Oak Park	48.22	___

Alternates

1	Alec Anson Chang	Jr	Centennial-Cor	50.30
2	Ridley Tolleson	Jr	Flintridge Prep	50.31

Event 30 Boys 100 Yard Freestyle Para/Inclusive Varsity

Div 3 Meet: 43.44 2010 Vladimir Morozov
NFHS Record: 43.43 1992 Joe Hudepohl
AA Auto: 45.28 2016
AA Cons: 46.97 2016

Lane Name	Yr	School	Seed Time
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Heat 1 of 1 Finals

4	Latonio Miller	FR	Pasadena	NT	___
5	Nicholas Tellez	SO	Muir	1:38.00	___
6	Charles Graves	JR	La Quinta-LQ	NT	___

Event 15 Girls 500 Yard Freestyle Varsity

Div 3 Meet: 4:44.47 2013 Ella Eastin
NFHS Record: 4:34.78 2008 Dagny Knutson
State Auto: 4:58.98
State Con: 5:09.99
AA Auto: 4:53.06
AA Cons: 4:58.20

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Frances Lawton	So	Marymount	5:38.31	___
2	Mikayla Barre	Sr	Crean Lutheran	5:35.82	___
3	Tallula Murphree	Jr	Malibu	5:34.99	___
4	Zoe Fairley	Fr	Westlake	5:32.68	___
5	Bouquet Vinyard	Jr	Hemet	5:32.30	___
6	Jasmine Eskander	Fr	South Torrance	5:32.50	___
7	Wendy Zeiss	Fr	Immaculate Heart	5:34.69	___
8	Kelsey Flores	Fr	JW North	5:35.24	___
9	Chloe Hills	Fr	Costa Mesa	5:37.73	___

Heat 2 Championship Final

1	Lily Mastro	Fr	Pacifica-GG	5:29.31	___
2	Addison Schneider	00	Murrieta Mesa	5:19.13	___
3	Melina Seider	So	Nordhoff	5:11.15	___
4	Gwen Asbury	So	Liberty	5:08.81	___
5	Amelia Hines	Sr	Archer School fo	4:57.94	___
6	Cynthia Hu	So	Foothill Tech	5:06.91	___
7	Maya Chin	So	Webb	5:11.06	___
8	Autumn Moya	Jr	Corona	5:18.09	___
9	Sydney Cruz	Fr	Fullerton	5:29.23	___

Alternates

1	Iris Campbell	Fr	Corona	5:39.78
2	Alaina Vega	So	Palm Springs	5:44.97

Event 16 Boys 500 Yard Freestyle Varsity

Div 3 Meet: 4:21.10 1992 Chad Carvin
NFHS Record: 4:12.70 5/5/2023 Rex Maurer
State Auto: 4:31.94
State Con: 4:41.99
AA Auto: 4:29.39
AA Cons: 4:33.16

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Elliot Paige	So	Cate	5:07.26	___
2	Anthony Kim	So	Sierra Canyon	5:05.01	___
3	Ryan Manzanero	So	Pasadena	5:04.37	___
4	Joaquin Sugcang	So	Calabasas	5:01.64	___
5	Aaron Lee	Jr	Whitney	4:59.40	___
6	Brendan Gray	Sr	Temescal Canyon	5:00.45	___
7	Wil Rivera	Fr	Cate	5:02.73	___
8	Toby Swanson	00	Fullerton	5:04.37	___
9	Edward Navarro	Jr	Whittier	5:06.92	___

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Heat 2 Championship Final (#16)

1	Jeremiah Ireland	Sr	Redlands EV	4:57.39	_____
2	Edmund Bui	Fr	El Modena	4:54.79	_____
3	Marshall Smith	Sr	Beverly Hills	4:50.26	_____
4	Luca Miyake	Sr	Beverly Hills	4:45.86	_____
5	Ryan Novak	Sr	Cypress	4:42.32	_____
6	Hunter Tamura	00	Yucaipa	4:45.32	_____
7	Pablo Ingram	Fr	Oak Park	4:49.21	_____
8	Eric Zhou	Sr	Bishop Montgomer	4:53.00	_____
9	Beckett Page	Jr	Beverly Hills	4:55.95	_____

Alternates

1	Anthony Duenes	Jr	San Dimas	5:07.69	_____
2	Jackson Dincin	Jr	Bonita	5:08.85	_____

Event 17 Girls 200 Yard Freestyle Relay Varsity

Div 3 Meet: 1:37.05 5/2/2019 Walnut

A Grant, S Bennani, K Poon, J Kozan

NFHS Record: 1:29.61 3/28/2023 Santa Margarita

T Salvino, A Kozan, G Aquino, T O'Dell

State Auto: 1:37.16

State Con: 1:40.64

AA Auto: 1:35.36

AA Cons: 1:37.15

Lane	Team	Relay	Prelims
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Heat 1 Consolation Final

1	Redlands EV	1:47.84	_____
2	Oxford	1:47.25	_____
3	Da Vinci	1:47.09	_____
4	Nordhoff	1:47.03	_____
5	Louisville	1:46.62	_____
6	Rancho Cucamonga	1:46.62	_____
7	El Dorado	1:47.03	_____
8	Valley View	1:47.21	_____
9	Calvary Christia	1:47.30	_____

Heat 2 Championship Final

1	Canyon-Canyon Co	1:46.03	_____
2	Cate	1:45.78	_____
3	St. Margarets	1:45.42	_____
4	Marymount	1:44.07	_____
5	Archer School fo	1:43.62	_____
6	Buena	1:43.85	_____
7	Costa Mesa	1:44.64	_____
8	Temecula Valley	1:45.52	_____
9	Hemet	1:45.98	_____

Alternates

1	San Dimas	1:47.92	_____
2	Camarillo	1:48.30	_____

Event 18 Boys 200 Yard Freestyle Relay Varsity

Div 3 Meet: 1:24.73 2008 Oaks Christian

N Koon, M Craft, C Bloch, K Nielsen

NFHS Record: 1:19.27 2012 Jacksonville Bolles (FL)

R Murphy, J Schooling, S Condorelli, E Goossen

State Auto: 1:25.85

State Con: 1:28.58

AA Auto: 1:24.34

AA Cons: 1:25.75

Lane	Team	Relay	Prelims
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Heat 1 Consolation Final

1	Fullerton	1:33.67	_____
2	Gabrielino	1:32.38	_____
3	Burr Bur	1:32.19	_____
4	Rio Mesa	1:31.77	_____
5	Great Oak	1:31.05	_____
6	King	1:31.31	_____
7	Quartz Hill	1:31.87	_____
8	Centennial-Cor	1:32.33	_____
9	Crespi	1:33.58	_____

Heat 2 Championship Final

1	Tustin	1:30.88	_____
2	Cate	1:30.66	_____
3	Nordhoff	1:29.83	_____
4	Bonita	1:29.06	_____
5	Flintridge Prep	1:28.28	_____
6	Chaparral	1:29.04	_____
7	Buena	1:29.80	_____
8	St Francis	1:30.23	_____
9	Beverly Hills	1:30.75	_____

Alternates

1	Covina	1:33.74	_____
2	South Pasadena	1:33.79	_____

Event 19 Girls 100 Yard Backstroke Varsity

Div 3 Meet: 52.63 5/2/2019 Tea Laughlin

NFHS Record: 49.61 2/10/2022 Claire Curzan

State Auto: 56.36

State Con: 58.06

AA Auto: 54.73

AA Cons: 55.91

Lane	Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Alexa Grant	So	Archer School fo	1:05.71	_____
2	Ruth Harkins	Sr	Crean Lutheran	1:04.92	_____
3	Braelynn Davis	So	Chaparral	1:04.85	_____
4	Julia Glukhovsky	Sr	Louisville	1:04.22	_____
5	Madeline Stagg	Jr	Sage Hill	1:03.15	_____
6	Audrey Clock	Sr	Cypress	1:03.74	_____
7	Autumn Moya	Jr	Corona	1:04.79	_____
8	Riley Brunett	So	Palm Desert	1:04.86	_____
9	Magnolia Ahking	Fr	Quartz Hill	1:05.31	_____

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Heat 2 Championship Final (#19)

1	Elizabeth Lee	Fr	Oxford	1:03.00	_____
2	Madeline Yu	Jr	Canyon-Canyon Co	1:01.70	_____
3	Caroline Bi	So	Oak Park	58.84	_____
4	Jaydah Godbolt	So	Hemet	57.23	_____
5	Grace Wharton	Sr	El Modena	56.10	_____
6	Kayla Thompson	00	South Torrance	56.92	_____
7	Bethany Burga	Jr	Quartz Hill	57.99	_____
8	Morgan Carles	Jr	Ocean View	59.23	_____
9	Camilla Guillermo	Jr	Burr Bur	1:02.90	_____

Alternates

1	Lila Gomez-Smith	Jr	Camarillo	1:05.99	_____
2	Meredith Ho	So	Archer School fo	1:06.21	_____

Event 20 Boys 100 Yard Backstroke Varsity**Div 3 Meet: 47.55 2002 Michael Cavic****NFHS Record: 45.08 2/24/2023 Will Modglin****State Auto: 49.90****State Con: 52.81****AA Auto: 49.07****AA Cons: 50.18**

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Jacob Bradbury	Jr	Beaumont	57.81	_____
2	Lucas Teeter	Jr	Citrus Valley	57.41	_____
3	Nate Johnson	So	Buena	57.32	_____
4	Xander Martin	So	Quartz Hill	56.94	_____
5	Josiah Hansen	Fr	Cate	56.49	_____
6	Thomas Romesser	So	Bishop Montgomer	56.79	_____
7	Marcos Cordero	Jr	Great Oak	57.11	_____
8	Michael Ramirez	Sr	Buena	57.41	_____
9	Ben White	Jr	Cate	57.72	_____

Heat 2 Championship Final

1	Jack Reardon	Jr	Xavier Prep	55.43	_____
2	Nikita Cutidioc	Jr	Alemanay	54.89	_____
3	Flynn VanAuker	Fr	Nordhoff	54.79	_____
4	Jaiden Monroe	Sr	Rio Mesa	51.39	_____
5	Jack O'Shaughnessy	Sr	Bishop Montgomer	49.55	_____
6	Nathan Kim	Sr	St Francis	49.62	_____
7	Lincoln Jones	Jr	La Mirada	53.40	_____
8	Ethan Soni	Jr	Hart	54.83	_____
9	Alexander Hernandez	Fr	Great Oak	55.20	_____

Alternates

1	Ryan Dalton	Fr	Pacifica-GG	57.92	_____
2	Kristian Loza	Jr	Quartz Hill	58.01	_____

Event 21 Girls 100 Yard Breaststroke Varsity**Div 3 Meet: 1:01.75 2014 Ella Eastin****NFHS Record: 58.35 2/24/2020 Kaitlyn Dabler****State Auto: 1:03.78****State Con: 1:06.99****AA Auto: 1:02.59****AA Cons: 1:03.78**

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Ceylon Zappa	So	Malibu	1:13.19	_____
2	Anyu Juliano	Fr	Quartz Hill	1:13.02	_____
3	Krista Caballeros	Sr	Maranatha	1:12.43	_____
4	Linden Wong	Jr	Brentwood	1:11.86	_____
5	Ashlyn Allen	Jr	Redlands EV	1:11.54	_____
6	Lily Guevara	Jr	Fullerton	1:11.75	_____
7	Audrey Lee	So	Rancho Cucamonga	1:11.92	_____
8	Ysabelle Loreno	00	Palm Desert	1:12.64	_____
9	Olivia DeCierdo	Jr	Buena	1:13.14	_____

Heat 2 Championship Final

1	Abby Guevara	00	Fullerton	1:11.44	_____
2	Lily Surjadinata	Sr	El Dorado	1:10.35	_____
3	Teagen Bivens	Fr	Western Chr	1:09.23	_____
4	Ryann Priest	Jr	Crean Lutheran	1:08.57	_____
5	Chloe Rivers	So	Temescal Canyon	1:07.19	_____
6	Melanie Pang	Fr	Costa Mesa	1:07.78	_____
7	Faith Marshall	Jr	Royal	1:09.19	_____
8	Amelie Pinkernell	Sr	Nordhoff	1:10.08	_____
9	Kianna Thai	Jr	Gabrielino	1:10.94	_____

Alternates

1	Cynthia Lan	Jr	Yorba Linda	1:13.28	_____
2	Mikayla Barre	Sr	Crean Lutheran	1:13.47	_____

Event 22 Boys 100 Yard Breaststroke Varsity**Div 3 Meet: 54.42 1982 Rickie Gill****NFHS Record: 51.62 2/16/2018 Max McHugh****State Auto: 56.65****State Con: 58.15****AA Auto: 55.44****AA Cons: 56.68**

Lane Name	Yr	School	Prelims
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Heat 1 Consolation Final

1	Devon Liang	Fr	Cate	1:01.13	_____
2	Cole Chang	Sr	Fullerton	1:00.37	_____
3	David Toschak	Sr	Chaparral	59.98	_____
4	Daniel Oroszlan	Sr	Calabasas	59.68	_____
5	Christopher Delacruz	Fr	Peninsula	59.60	_____
6	Benjamin McSorley	Sr	Nordhoff	59.65	_____
7	Aaron Mackinnon	Sr	Garden Grove	59.96	_____
8	Ethan Yun	Sr	Gabrielino	1:00.19	_____
9	Liam Kaas	Sr	Liberty	1:00.80	_____

2024 CIF-SS Division 3 - 4/24/2024 to 5/3/2024
2024 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Finals

Heat 2 Championship Final (#22)

1	Henry Yang	Fr	Flintridge Prep	59.30	_____
2	Phin Stephenson	Jr	Cate	58.99	_____
3	Ian Kim	So	Cypress	58.34	_____
4	Conner Alvarez	So	Quartz Hill	57.86	_____
5	Alex Thornton	Jr	Peninsula	56.24	_____
6	Jaydan Chau	Sr	Covina	56.27	_____
7	Jake Hirshberg	Sr	Crossroads	58.11	_____
8	Bryce Hitter	Sr	Citrus Valley	58.99	_____
9	Luke Haas	So	Sierra Canyon	59.28	_____

Alternates

1	Adam Taylor	Jr	Whitney	1:01.25	_____
2	Xavier Potencion	Jr	Beaumont	1:01.26	_____

Event 23 Girls 400 Yard Freestyle Relay Varsity

Div 3 Meet: 3:21.41 2014 Crean Lutheran

E Eastin, E Eastin, T Jorgenson, L Engel

NFHS Record: 3:14.80 5/14/2022 Santa Margarita

M Hodges, T Salvino, T O'Dell, J Koza

State Auto: 3:32.13

State Con: 3:38.99

AA Auto: 3:27.68

AA Cons: 3:31.16

Lane Team	Relay	Prelims
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Heat 1 Consolation Final

1	Temescal Canyon	3:57.63	_____
2	Cate	3:56.78	_____
3	Crean Lutheran	3:55.86	_____
4	Nordhoff	3:55.38	_____
5	Hemet	3:54.62	_____
6	Costa Mesa	3:55.33	_____
7	Thousand Oaks	3:55.47	_____
8	Xavier Prep	3:56.49	_____
9	Webb	3:57.36	_____

Heat 2 Championship Final

1	Burr Bur	3:53.98	_____
2	Sage Hill	3:52.80	_____
3	South Torrance	3:52.19	_____
4	Marymount	3:49.16	_____
5	Quartz Hill	3:41.58	_____
6	Archer School fo	3:47.07	_____
7	Buena	3:49.37	_____
8	San Dimas	3:52.56	_____
9	Cypress	3:52.86	_____

Alternates

1	Camarillo	3:57.73	_____
2	Liberty High School	3:58.25	_____

Event 24 Boys 400 Yard Freestyle Relay Varsity

Div 3 Meet: 3:07.62 2007 Oaks Christian

K Nielsen, J Pare, M Craft, N Koon

NFHS Record: 2:53.81 3/15/2018 North Allegheny (PA)

M Gonzalez, A Zhang, J Wright, R Mihm

State Auto: 3:08.45

State Con: 3:14.49

AA Auto: 3:05.74

AA Cons: 3:08.40

Lane Team	Relay	Prelims
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Heat 1 Consolation Final

1	La Mirada	3:25.55	_____
2	Citrus Valley	3:25.07	_____
3	SJ Bosco	3:24.70	_____
4	Crossroads	3:23.26	_____
5	Beverly Hills	3:21.56	_____
6	Redlands EV	3:23.23	_____
7	Burr Bur	3:24.61	_____
8	Beaumont	3:24.93	_____
9	Garden Grove	3:25.47	_____

Heat 2 Championship Final

1	Cate	3:21.16	_____
2	Quartz Hill	3:20.17	_____
3	Bonita	3:18.09	_____
4	Great Oak	3:17.12	_____
5	Flintridge Prep	3:15.34	_____
6	Oak Park	3:16.77	_____
7	Peninsula	3:17.69	_____
8	Buena	3:18.76	_____
9	Bishop Montgomer	3:20.57	_____

Alternates

1	Centennial-Corona	3:25.81	_____
2	Hart	3:26.52	_____